



The 28th Surrey Hill Races and Trail Challenge

Bank Holiday Monday 30th May 2005

Come and run over Surrey's most beautiful hills. Course 'A' takes in Leith Hill, Holmbury Hill and Pitch Hill, Course 'B' goes to Leith Hill and Course 'C' is a pleasant run that goes part of the way to Leith Hill.

Organised by: South London Orienteers and Wayfarers

Run under FRA Rules

Venue: Powell Corderoy School, Longfield Road, Dorking, Surrey RH4 3DF.
OS Map 187 GR [TQ 156 488](#).

Car park: Parking at School. Follow 'Hill Race' sign from south end of Dorking one-way system. Parking will be tight - please share cars.

Courses: 'A' 30 km (18 miles) 'B' 16 km (10 miles) 'C' 10 km (6 miles)

Start times: 'A' 10.30 'B' 10.45 'C' 10.35

Navigation is required. You are strongly advised to 'recce' the route beforehand.

Map: 1:25,000, 4 colours, updated this year. To obtain a copy of the map please send a 9x6 SAE to the organiser

Entry EOD only: Seniors £6.00. Juniors (16+17) and students (18-21) £5. U-18s may not run Courses 'A' or 'B'. Event uses electronic punching: E-card hire £1

Registration: From 9.30.

Facilities: limited toilets, supervised bag storage.

Prizes: Trophies are awarded in memory of Byron Davies and Michael Murray to the winner of the 'A' and 'B' courses respectively together with trophies for the 'C' course and first lady on the 'B' course. Also Age Class prizes.

Results: Send SAE or visit www.sloweb.org.uk

FRA rules: 16- and 17-year-olds can only run Course 'C'. No under-16s accepted.

Limit: 100 in each race. Competitors take part at their own risk and are responsible for their own safety, and will be required to sign a disclaimer to this effect on the entry form.

Organiser: Virginia Catmur, 73 Claygate Lane, Esher, Surrey KT10 0BQ.

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