

**SOUTH LONDON ORIENTEERS & WAYFARERS**  
**SOUTH-EAST NIGHT CHAMPIONSHIPS**  
**Saturday 27<sup>th</sup> February 2010**



# Glovers Wood

Charlwood, near Gatwick Airport

## FINAL DETAILS

### DIRECTIONS

There will be limited road signs from the West of Charlwood. From Charlwood to the car parking area is about 1 ¼ miles. Follow brown signs for Russ Hill Hotel.

### CAR PARKING car park at Russ Hill hotel (TQ228401) RH6 0EL

**PLEASE READ THIS AS THIS IS IMPORTANT.** Parking at the assembly area is very limited. **Please make every effort to give lifts where ever possible.** The whole of the parking area at the Russ Hill hotel is not available for our use.

### ASSEMBLY AREA at The Russ Hill Hotel (part of Life Hotels)

The Assembly Area has the main car park, Registration and Download. These are in the North-West corner of the car park.

Please support the hotel by using their bar, having a bar meal or even using their restaurant. See website [www.life-hotels.co.uk/russhillhotel](http://www.life-hotels.co.uk/russhillhotel)

### TOILETS - **remove dirty shoes/kit**

Toilets are available in the hotel lobby, with Gents to the left and Ladies, straight ahead left. **You must remove dirty shoes/kit before coming in to the hotel.**

### LATE ENTRIES/ ENTRY ON THE DAY

Online late entries are available until Sunday 21st February. There will also be limited entry on the day, subject to map availability for the SE Night Champs and the Ochre course.

#### 3 Championship courses

1	M20-40, M45/50	5.8 km
2	M18, M55/60, W20-40, W45/50	4.8 km
3	M16, M65+, W16, W18, W55/60, W65+	3.6 km

#### Beginner/novice course

Ochre (night yellow)	2.1 km
----------------------	--------

	Closing Dates	Method	BOF Members		Non-BOF Members	
			Seniors	Juniors/Students	Seniors	Juniors/Students
Championship	21/02/2010	On-Line*	£5.00	£2.00	£7.00	£2.00
		On the day*	£7.00	£3.00	£9.00	£5.00
Ochre	21/02/2010	On-Line*	£2.00	£2.00	£4.00	£2.00
		On the day*	£3.00	£3.00	£5.00	£3.00

\* subject to map availability

Registration opens at 17.30 and closes at 19:30.

Sport-Ident hire: Seniors £1, Juniors No charge. There will be a charge for lost dibbers.

### TERRAIN

Glovers Wood consists of mainly runnable mature woodland, although there are some areas of denser forest. Runnability is generally good for the time of year and there is very little in the way of undergrowth or bracken. There is a large stream running through the area, from the south-west to north-east edges. In the northern part of the area the stream is surrounded by fairly steep slopes with some interesting contour detail.

Glovers Wood is substantially a SSSI. The woodland lies on slightly acid clays across the incised Welland Gill supporting a rich ground flora. The habitat surrounding the gill is considered to be sensitive to disturbance. Courses have broadly been planned to minimise the number of stream crossings, in particular at what are expected to be sensitive points, and to offer the potential of bridge crossings on many courses.

## MAP

Map scale is 1:7,500 with 5m contours. All maps will be pre-printed on waterproof paper with course details and control descriptions. There are a couple of special/less commonly used symbols on the map: a blue cross indicates a water tank, a green cross is a wood pile, a green circle is a distinctive tree, a black circle is an abandoned vehicle or machinery, and a black cross is a hide. There is a full legend printed on the front of the map.

## OUT OF BOUNDS

All fields are out of bounds to competitors.

The road along the southern edge of the map is out of bounds to competitors during the competition, and is marked with purple X's on the map – please do not run along this (optimum routes avoid such any need).

## DANGEROUS BRIDGE **do not use**

There is narrow plank bridge over a stream in the North-East part of the area and is on the direct route for course 1. The bridge is supported off two flexing metal rails, over which there are loose/missing timber planks and there are no hand rails. **The bridge is rickety/ dangerous and must not be used.** The bridge will be taped off with yellow/black hazard tape

## OTHER SAFETY

Please take care on the road when walking to the Start and from the Finish

The stream running through the area may be crossed by competitors at any point, but you should take care when crossing. The stream can be tricky to cross in places, particularly following the recent very wet weather.

Whistles are advisable for your own safety.

## CONTROL DESCRIPTIONS

**For courses 1, 2 and 3 these will be pictorial and will available in the start lanes** and will also be overprinted on the maps. The Ochre course will have written descriptions and will be available at registration. A cross ( X ) symbol on the control descriptions indicates a hide.

## START TIMES

Start times will be on a 'turn up and go' basis. As there are few pre entries start times will be at 2 minute intervals.

## START and FINISH

There is one Start for all courses and it is approximately 250m West from the hotel car park. The route to the Start leaves from the North side of the car park. The route to the Start is along a public road for 150m and then turn right in to the forest. The Finish is 30m beyond the Start. The route to the Start goes very close to the Finish.

Start times will be from 18.45. Pre marked maps will be issued on the Start line. A punching start will be used.

## DOWNLOAD

Download is in the North-West corner of the hotel car park. All competitors must download after their run even if they retire. Courses close at 21:00. Results will be on our website <http://www.sloweb.org.uk>

## COURSES

The details of the courses are as follows:

Course	Classes	Length	Climb	Controls
1*	M20-40, M45/50	5.8 km	110 m	19
2	M18, M55/60, W20-40, W45/50	4.8 km	120 m	17
3	M16, M65+, W16, W18, W55/60, W65+	3.6 km	45 m	11
Ochre	Ochre (night yellow)	2.1 km	30 m	9

\*Back to back maps for Course 1 only.

## **PRIZES**

**Medals** will be awarded to the first 3 SEOA members in each of the following age groups:  
i.e course 1 will have a total of 6 medals

Planner: Mike Murray (SLOW)

Controller: Vince Joyce (SO)

Organiser: Charlie Turner (SLOW) 01306 711201

[Organiser10@sloweb.org.uk](mailto:Organiser10@sloweb.org.uk)

## **THANKS TO**

We are extremely grateful to Mrs Jaqueline Hynes, the hotel general manager for giving us use of the car park and The Woodland Trust/other land owners for use of Glovers Wood.

Before travelling to the event please check the SLOW website  
<http://www.sloweb.org.uk> in case of any last minute changes to the above

**Orienteering is an adventure sport. You participate at your own risk and are responsible for your own safety. Everyone registering must download, even if you decide to not run, to avoid triggering a search of the forest.**