

Last Name	First Name	Club	Class	Age	No.
Abrams	Melanie	Independent	F	53	99
Alderdice	Simon	Dorking & Mole Valley AC	M	43	434
Alvis	Jonathan	Jedi Knights	M	27	325
Ansell	Rick	Tring RC	M	50	477
Armitage	Jeff	Thames Hare & Hounds	M	51	295
Arthur	Anthony	O4 Cross Country	M	31	445
Ashby	Mike	Sale Harriers	M	31	427
Ashley	Paul	Independent	M	32	359
Austin	Patrick	Cambridge Harriers	M	43	272
Badger	Nick	Independent	M	29	70
Bailey	Kevin	Dorking & Mole Valley AC	M	42	292
Bailey	Graham	Hawk's Attack	M	33	375
Balfour	Hugh	Dulwich Runners	M	56	345
Banting	Emily	Tadworth AC	F	29	28
Barberis Negra	Nicola	Serpentine RC	M	30	315
Baretta	Joseph	Highgate Harriers	M	38	433
Barnes	Paul	AFC Charvil	M	42	203
Basquill	Victoria	Postal Orders	F	39	390
Bates	Peter	Pitsea Running Club	M	62	413
Bateson	John	Vegan Runners	M	39	420
Battson	Elaine	Victoria Park Harriers	F	44	281
Beale	Tim	SN	M	26	68
Beecham	Chris	Highgate Harriers	M	41	91
Beecher	Michael	Independent	M	52	437
Benfield	Shiona	Reigate Priory AC	F	49	299
Bentley	Russell	Blackheath Harriers	M	29	453
Best	Tim	East Grinstead AC	M	40	50
Birks	Zak	Independent	M	31	301
Black	Nick	Clapham Chasers	M	38	288
Blair	Graeme	Serpentine RC	M	42	134
Blair	Edward	Independent	M	25	88
Boakes	Paul	Independent	M	42	20
Bojarski	Andrzej	Independent	M	38	282
Bolton	Carrie	Independent	F	32	80
Borysiewicz	Christopher	SLOW	M	32	449
Bowles	Peter	Serpentine RC	M	41	407
Brockington	Tim	Springfield Striders	M	54	76
Brolly	Chris	Bishops Stortford RC	M	50	84
Brown	Rozi	Hawk's Attack	M	28	370
Brown	Stephen	Cambridge Harriers	M	52	3
Budd	Tim	Independent	M	31	72
Bull	Christopher	Independent	M	28	312
Bullock	Ian	LOK	M	34	441
Bunn	Nigel	Tring RC	M	46	318
Burgess	Michael	Tring RC	M	49	398
Butler	Ray	Bishops Stortford RC	M	32	14
Butson	Phil	Bishops Stortford RC	M	44	96
Byford	Jon	Springfield Striders	M	37	344
Camp	Stuart	Sandhurst Joggers	M	49	331

Carter	Neil	SUFFOC	M	34	53
Cashin	Michael	Independent	M	29	399
Catmull	Julian	Springfield Striders	M	46	416
Cavill	Hayley	Sale Harriers	F	30	426
Chaffey	Jamie	Independent	M	35	419
Channing	Paul	Portsmouth Joggers	M	53	289
Chenery	Matthew	Herts Fire & Rescue	M	25	52
Chesher	Tim	FRA	M	45	83
Chinn	Michael	Independent	M	39	237
Chisholm	Neil	Thames Hare & Hounds	M	36	56
Chittenden	Peter	Tone Zone Runners	M	73	380
Churchard	Brian	Reigate Priory AC	M	43	305
Clark	Peter	Stragglers	M	52	257
Clarke	John	Springfield Striders	M	50	131
Clarke	Sue	Springfield Striders	F	55	132
Clarke	Alan	Worthing Harriers	M	61	403
Clayton	Lucy	Sandhurst Joggers	F	31	343
Clemens	Nigel	Independent	M	48	415
Coakley	Neil	Independent	M	32	411
Colbert	Sarah	Springfield Striders	F	41	73
Cole	Steven	Stragglers	M	43	313
Collins	Will	Independent	M	31	367
Cooper	Susan	Dulwich Runners	F	29	338
Cox	Damien	Postal Orders	M	31	389
Cramp	Helen	Reigate Priory AC	F	37	326
Crispin	Stuart	Vegetarian Athletics Club	M	34	436
Crone	Gary	Independent	M	39	342
Crossley	Tony	East Grinstead AC	M	57	22
Crowe	Katie	Serpentine RC	F	34	262
Crump	Philip	Independent	M	38	334
Davies	Phil	Stragglers	M	54	60
Davis	Cathy	Stragglers	F	46	64
Day	Alec	FRA	M	35	82
de Meyer	Nick	RG Active	M	36	239
Dedman	Tim	Bishops Stortford RC	M	46	15
Deighton	Andy	Independent	M	55	265
Dillon	Geoff	Independent	M	38	2
Diplock	Mark	Independent	M	34	300
Dodwell	Henry	Highgate Harriers	M	35	92
Edgar	James	Serpentine RC	M	28	215
Edmonds	Ian	Reigate Priory AC	M	58	42
Edwards	Melanie	Dulwich Runners	F	29	280
Egan	Chris	Tring RC	M	45	273
Eichbauer	Brad	Independent	M	40	16
Evans	Lorraine	Bishops Stortford RC	F	51	296
Evans	John	Serpentine RC	M	59	377
Evans	Ben	Guildford & Godalming A	M	31	4
Farmer	Julian	SLOW	M	28	451
Feakins	Nicholas	Reigate Priory AC	M	55	277
Ferris	Jim	Independent	M	38	31

Field	David	Plumstead Runners	M	54	350
Findlay	Alan	Bishops Stortford RC	M	45	271
Firth	Laura	Independent	F	30	263
Ford	Adam	Herts Fire & Rescue	M	38	12
Francis	Gavin	Sheen Shufflers	M	46	352
Freake	Matt	Independent	M	39	238
Funnell	David	Worthing Harriers	M	45	35
Furey	Natasha	Bishops Stortford RC	F	32	297
Gale	Joseph	Independent	M	27	61
Garvin	Mike	Serpentine RC	M	40	336
Gascoyne	Ray	Fleet & Crookham AC	M	45	269
Gemmill	Joanna	Springfield Striders	F	50	384
Gladikowski	Jens	Wimbledon Windmilers	M	40	79
Gleeson	John	Independent	M	42	162
Gooding	Roger	Springfield Striders	M	36	329
Gosden	Cliff	Independent	M	57	87
Gosden	Joe	Independent	M	25	89
Gray	Mark	Stragglers	M	40	167
Gray	John	Independent	M	60	168
Gray	Steve	Glasgow Uni Hare & Hou	M	30	174
Gray	Dougie	PH3	M	48	66
Greaves	Martin	Fittleworth Flyers	M	54	440
Green	Steve	Thurrock Harriers	M	45	39
Green	Roger	Woodford Green AC	M	63	421
Hack	Chris	Portsmouth Joggers	M	60	201
Hadley	Phil	Herts Fire & Rescue	M	46	54
Hadley	Peter	Cambridge Harriers	M	64	284
Hainsworth	Kim	Dulwich Runners	F	29	93
Hall	Alex	Cambridge Harriers	M	51	340
Hall	Andrew	Portsmouth Joggers	M	60	8
Hall	Claire	Portsmouth Joggers	F	59	9
Hamilton	Neil	Reigate Priory AC	M	47	258
Hamson	Peter	Tring RC	M	63	383
Hardiman	Richard	Serpentine RC	M	42	431
Harfield	Patrick	Portsmouth Joggers	M	33	286
Harris	Ryan	Reigate Priory AC	M	37	243
Harris	Phil	Fittleworth Flyers	M	55	412
Harrison	Wesley	Serpentine RC	M	31	358
Haslam	Simon	Independent	M	45	457
Hatvany	Alan	Sheen Shufflers	M	52	188
Hauser	Andy	Holmfirth Harriers AC	M	55	309
Hawkesworth	Simon	Hawk's Attack	M	31	371
Hawkesworth	Rowena	Hawk's Attack	F	28	372
Hayden	Adam	Independent	M	27	77
Haynes	Richard	Haywards Heath Harriers	M	52	327
Hedgecock	Mark	Independent	M	44	133
Helm	Ian	Hawk's Attack	M	42	369
Henke	John	Independent	M	55	128
Hewitt	Paula	Elmbridge Road Runners	F	39	394
Hews	Ian	Independent	M	45	337

Hibbert	Andrew	Serpentine RC	M	33	38
Hickman	Stephen	Ashford & District RRC	M	51	368
Hicks	Tim	Haywards Heath Harriers	M	51	364
Higgins	Dan	Highgate Harriers	M	32	417
Hill	James	Serpentine RC	M	41	43
Hinton	Robert	26.2 RRC	M	46	275
Hodges	Alastair	Independent	M	32	7
Hodkinson	Peter	Erewhash Valley RC	M	19	78
Holloway	Nicholas	Treasury Runners	M	48	235
Holmes	Robin	Hawk's Attack	M	21	374
Holmes	Rachael	Ranelagh Harriers	F	28	393
Holmes	Ruth	SARUM	F	23	69
Howarth	David	Worthing Harriers	M	51	378
Hudleston	Annabel	Independent	F	24	446
Hughes	James	Hawk's Attack	M	36	65
Hunt	Jenny	Guildford & Godalming A	F	25	379
Imeson	Hazel	Tadworth AC	F	54	27
Ind	Stephen	Elmbridge Road Runners	M	55	387
Ingram	Rosie	Serpentine RC	F	32	475
Jackson	Edmond	Independent	M	47	114
James	Dominic	AFC Charvil	M	43	154
James	Graham	Stubbington Green Runne	M	50	36
Jeggo	Paul	Springfield Striders	M	50	454
Jenkins	Darren	Independent	M	29	113
Johnson	Richard	Dulwich Park Runners	M	32	5
Jones	Michael	Independent	M	27	330
Jones	Ben	Independent	M	26	100
Keighly-Elstub	Henry	Tring RC	M	39	396
Kelley	Antoinette	Independent	F	30	455
Kemp	Richard	Independent	M	32	81
Kingdon	Becky	SLOW	F	26	41
Knapp	John	Epsom Oddballs	M	50	37
Knight	Paul	Independent	M	42	23
Kolodziej	Natalie	Serpentine RC	F	29	323
Kowenicki	Richard	Thames Hare & Hounds	M	31	19
Laforet	Deanna	Serpentine RC	F	25	44
Laforet	Kate	Serpentine RC	F	29	97
Langley	Ross	Tring RC	M	26	11
Lark	Trevor	Tring RC	M	51	304
Law	Steve	Blackwater Valley Runner	M	53	346
Lawrence	Gavin	Reigate Priory AC	M	38	355
Layton	Brian	Tring RC	M	59	439
Legge	Jon	Springfield Striders	M	46	6
Lockett	Carolyn	Maidenhead AC	F	51	353
Lockett	Jeremy	Maidenhead AC	M	52	354
Lowe	Kim	Dorking & Mole Valley AC	F	46	293
Lowery	Adrian	Bowland Fell Runners	M	40	438
Macara	Ian	Independent	M	38	1
Mackay	Graeme	Dorking & Mole Valley AC	M	47	444
Mackenzie	John	Reigate Priory AC	M	60	363

Manning	John	Tring RC	M	57	268
Marsden	Jon	Oxford City	M	36	448
Marshall	Ian	Cambridge Harriers	M	63	135
Marsland	Phil	SLOW	M	43	317
Martin	Katie	Independent	F	32	322
Martin	Jamie	Independent	M	43	13
Mason	Andrew	Springfield Striders	M	46	58
Maytum	Simon	Saxons	M	46	98
McCarthy	Ian	Independent	M	39	385
McClymont	Ian	Bishops Stortford RC	M	65	46
McDonough	Mike	London Fronrunners	M	36	21
McGoun	Neil	Springfield Striders	M	30	85
McGrath	John	Worthing Striders	M	47	308
McKay	Ewan	Reigate Priory AC	M	34	480
McMullen	James	Thames Hare & Hounds	M	26	55
Midgley	Thomas	Otley AC	M	25	406
Miles	Peter	Independent	M	28	30
Millard	Ian	Independent	M	22	422
Mills	Nick	Tri London	M	32	33
Mitchell-Smith	Tim	Bishops Stortford RC	M	44	75
Monk	Jo	Independent	F	57	409
Monnery	Bryn	SLOW	M	34	450
Morgan	Laura	Victoria Park Harriers	F	25	283
Moss	Stuart	Independent	M	36	264
Muir	Jonny	Herne Hill Harriers	M	29	402
Munk	Jamie	Independent	M	25	86
Murphy	Steve	Reigate Priory AC	M	53	348
Neale	Lucy	Springfield Striders	F	31	116
Newell	Mark	Cambridge Harriers	M	52	314
Newton	Geoff	Tadworth AC	M	65	191
Nichols	Mark	Watford Joggers	M	59	74
Norton	Christopher	Reigate Priory AC	M	34	278
O'Callaghan	Greg	Tring RC	M	38	256
O'Hara	Lawrence	Independent	M	31	404
O'Neill	Sam	Scunthorpe District AC	M	22	408
Over	Darren	Serpentine RC	M	37	291
Owen	Andrew	London Heathside	M	42	95
Parker	Stuart	Independent	M	36	259
Pateman	Ian	Springfield Striders	M	53	303
Patton	Alex	Mornington Chasers	M	27	397
Pitch	Amy	Vale of Aylesbury	F	26	179
Pitt	Maresa	Haywards Heath Harriers	F	38	328
Pocock	Michael	Reigate Priory AC	M	55	182
Pollard	Simeon	AFC Charvil	M	42	410
Poulton	Joanna	Independent	F	21	62
Price	Stephen	Independent	M	39	442
Priego	Martin	Postal Orders	M	30	392
Pringle	Andrew	Reigate Priory AC	M	48	333
Quirico	Lance	East Grinstead AC	M	56	346
Raffle	James	Windrush Triathlon Club	M	29	339

Redmayne	Graham	Dulwich Park Runners	M	30	276
Reed	Simon	Notts AC	M	52	57
Roberts	Jon	Independent	M	43	40
Robinson	David	Postal Orders	M	34	10
Rodgers	Ian	Bishops Stortford RC	M	44	48
Rogers	Chris	Cambridge Harriers	M	41	361
Rollins	Sarah	BAOC	F	34	24
Rollins	David	BAOC	M	45	26
Rosso	Lula	Serpentine RC	F	38	279
Rowe	Gordon	AFC Charvil	M	45	204
Rowley	Simon	Independent	M	29	425
Sahebjab	Matt	Hawk's Attack	M	29	373
Saito	Yuzo	Hercules Wimbledon	M	36	321
Sanderson	Robin	Herne Hill Harriers	M	34	360
Sandham	Steve	Stragglers	M	61	32
Sapsard	Paul	Reigate Priory AC	M	54	357
Savage	Malcolm	Springfield Striders	M	63	67
Savery	Adrian	Clapham Chasers	M	25	423
Sawers	Robert	Chichester Runners & AC	M	49	267
Sawyer	David	Tring RC	M	47	306
Scannell	Jack	Eryri Harriers	M	42	307
Schurmann	Caroline	Dulwich Runners	F	34	294
Scott	Sam	Southern Navigators	M	40	244
Scott	Paul	Southern Navigators	M	38	250
Scott	Roy	Springfield Striders	M	30	395
Sellwood	Guy	Walton AC	M	48	332
Seymour	Carl	Postal Orders	M	41	391
Sharp	Peter	Thames Hare & Hounds	M	29	17
Shaw	Vivienne	Bishops Stortford RC	F	47	49
Shelton	Joanne	Dulwich Runners	F	36	320
Shepherd	Andrew	Clapham Chasers	M	25	429
Sheppard	David	Independent	M	32	432
Sherriff	Adrian	Bishops Stortford RC	M	49	47
Shotter	Jean	Holmfirth Harriers AC	F	48	310
Shrimplin	Stephen	Cambridge Harriers	M	53	388
Siddle	Candice	Tadworth AC	F	38	29
Sloan	Andy	Independent	M	32	447
Smallwood	John	Cumberland Fell Runners	M	38	365
Smith	Alison	Tring RC	F	46	319
Smith	Rudi	Imperial College X-C Club	M	20	414
Smith	Helen	Independent	F	44	456
Steen	Duncan	Victoria Park Harriers	M	26	285
Stephens	Guy	Independent	M	41	351
Steward	Claire	Dulwich Runners	F	58	290
Stirk	Adam	Guildford & Godalming A	M	26	136
Stott	Edward	SLOW	M	27	452
Stronge	Ian	Reigate Priory AC	M	56	181
Stubblings	Richard	Worthing Harriers	M	58	34
Stukas	Paul	Springfield Striders	M	49	347
Sutherland	Fiona	Bishops Stortford RC	F	53	381

Sutton	Darren	Springfield Striders	M	41	349
Sykes	Mark	Haywards Heath Harriers	M	51	302
Tasker	Julian	Independent	M	35	471
Tate	Chris	Bishops Stortford RC	M	51	298
Taylor	David	Reigate Priory AC	M	36	430
Taylor	Russell	Independent	M	41	386
Thompson	Mark	Independent	M	30	356
Thompson	Richard	The Fell Ponies	M	31	362
Thompson	Joe	Serpentine RC	M	35	59
Thompson	Jane	Independent	F	37	458
Thompson	Fraser	Independent	M	33	459
Thurston	Les	Bishops Stortford RC	M	61	45
Tothill	Michael	Helios harriers	M	40	376
Trevelyan	James	Independent	M	55	224
Tucker	Graham	Reigate Priory AC	M	59	266
Tuckey	Stuart	Independent	M	40	25
Turner	John	Stragglers	M	57	202
Turner	Zeff	Independent	M	32	335
Vasey	Peter	Lingfield Running Club	M	34	443
Vogel	Gerhard	Border Track & Field Club	M	27	400
Walmsley	John	Wimborne Orienteers	M	55	94
Walters	Matt	Pearson Cycles CC	M	46	51
Ward	Andy	Guildford & Godalming A	M	39	401
Weaving	Paul	Cumberland Fell Runners	M	48	428
Webb	Brandon	Lingfield Running Club	M	39	261
Whelan	Alan	Tring RC	M	45	466
White	Rob	Independent	M	31	71
Wild	Richard	RG Active Race Team	M	26	90
Wilkes	Tim	Tadworth AC	M	47	287
Williams	John	Springfield Striders	M	58	270
Williams	Geoffrey	Bishops Stortford RC	M	53	382
Williams	Nick	Tring RC	M	33	418
Willis	Jay	Independent	M	48	424
Wing	Matthew	Jedi Knights	M	27	324
Withers	Phil	Independent	M	35	435
Woodall	Marc	Guildford & Godalming A	M	25	366
Wurr	Simon	Thames Hare & Hounds	M	34	18
Wyld	Robert	Dorking & Mole Valley A	M	48	274
Yetton	David	Portsmouth Joggers	M	56	210