



# Kingston Urban Orienteering Race

Sunday 10<sup>th</sup> April 2016

The 3<sup>rd</sup> event in the SEOUL 2016

## Final Details

Thanks to all who have entered our event at Kingston, our numerous volunteers from SLOW, SportIdentUK, Fabian4 and to Kingston First and Kingston University for allowing access for Sunday. The following details should answer most questions that competitors have on the day. For anything else please email the organiser Duncan Grassie on [GrassieDA@aol.com](mailto:GrassieDA@aol.com). If there are any on the day emergency issues please phone Duncan on 07752966637.

### Travel to Event:

The registration and assembly area for this event will be at the John Galsworthy Building at the Penrhyn Road campus of Kingston University.

The recommended method of travel to the event is by Southwest train to either Kingston or Surbiton station and walk or bus to Kingston University campus. To determine possible trains to get to Kingston please visit: <http://www.nationalrail.co.uk/>. The 281 and 71 buses travel all the way from the Kingston bus station on Cromwell Road to the Kingston University campus every 10-15 minutes.

The walk from the station to the campus is around 1 mile and should take about 20 minutes as shown in the diagram to the right. Follow the A307/Wood Street South followed by a right at Fassett Lane where the pedestrian entrance to the University will be signposted.

The walk from Surbiton station is not shown here but is 0.7 miles going North along Claremont Road and Surbiton Road. Useful buses for this route are the K2, K3 and 281 which travel direct from in front of the Station. The station to alight at is Kingston University



## Parking:

Unfortunately we are unable to offer on-site parking for all competitors for this event due to extensive building work being carried out. However there are a number of options for cars to be accommodated in spaces around the Kingston University campus.

- If you are in a rush and not keen to rely on looking for spaces, the Bittorns car park (marked on the map) will have plenty of spaces available for £1/hr. From there the event is a 10 minute walk along the route from the station.
- There should be plenty of free on street parking available in the area to the East of the campus (marked with the big black box). Please be careful that the space used is not reserved for residents only (most spaces are permit/paid Monday to Friday only) but there may be a few which are reserved for disabled residents.
- There are a limited number of spaces available in the North part of the campus accessed from the A307 although these will be shared with the general public. Only attempt to use these spaces if you are going to be at the event extremely early <0930 since you are likely to be disappointed!

## Assembly Area:

The Assembly Area is based in and around the John Galsworthy building. Access to the Assembly Area will be signposted from Fassett Road and is marked with the red arrows in the diagram. In order to avoid collisions with finishing runners in narrow alleyways (as denoted with the blue arrows), the way into the site is slightly doglegged.

The inside corridor has access to toilets, with some space for getting changed in cubicles. Also there will be safe area to store bags close to registration. Registration and the SIAC demo area are described further in the next couple of sections. The walk to start (and return from the junior finish) is out to the west of the site and is marked by the green arrow.



## Registration:

This event provides an early opportunity to use the new SportIdent Active Card (SIAC) under race conditions. The new system allows faster punching from 0.5m distance from the control and was recently demonstrated at the JK Sprint for the elites. All competitors will be allocated an SIAC card, thanks to Gordon Parker and SportIdent UK for arranging this.

All competitors who have pre-entered should proceed to the SIAC issue team at registration who will allocate an SIAC card for use on the day and a race number (to identify orienteers to members of public).

All competitors who have not pre-entered should bring their existing SI card (if you have one). Alternatively please bring your BOF number with you. This will make processing of your entry quicker in the system. When you arrive at assembly please follow the following procedure:

- a) Please complete an entry on the day form
- b) Hand the entry on the day form to the entries team together with the relevant entry fee. We will be trialling a new credit/debit card pay system for this event through the iZettle app so please feel free to pay by card as well as cash.
- c) Once the form is stamped, please proceed to the registration team (computers) who will process you in the system – if you have your existing SI card/ BOF number with this will make it much quicker.
- d) Once on the system, proceed to the SIAC issue team who will issue you with an SIAC card and a race number.

## Using SIAC Cards

A small demonstration course is set up outside the registration area. You can use the SIAC card to see how it works in an event scenario. There will be officials beside this demonstration course to answer any questions you may have and show you how it works. If you have not used SIAC's before please try the demonstrations course first. A number of points to bear in mind, which will also be explained on the day:

- The SIAC will be supplied with a wrist strap and should be worn on your wrist
- It is critical that you dib your SIAC card in the Check station once you have gone through the Clear Station – if you do not it will NOT work on a touchless basis.
- At the start, please dib the start box in the same way as a normal SI card – the Start box is not touchless.
- All controls and the finish box will be touchless within 50cm of the SI box. The SIAC card will emit a shrill beep and bright red flashes when it has recorded the visit to the control or the finish. It is your responsibility to ensure this

happens at each control and the finish. If it does not beep or flash for any reason, please dib the SIAC card in the normal way as you would with an SI card and advise us at the download.

- The finish control turns off your SIAC card – if you have not finished do not go within 1 metre of the finish boxes!!
- Once finished, please go to download as normal to get your results and return the hired SIAC card.
- If you are retiring you MUST still go through the Finish control.

### Entry fees:

Competitors should still be able to enter online up until 23:59 on Friday evening at EOD rates (£10 adults/£5 child). Competitors will be charged £50 for any lost SIAC cards so please use the wrist strap if possible.

### Starts:

Start times have not been allocated for this event, so competitors will be free to start whenever they wish from 1030-1200. The route to the start is 750m (same for both adult and junior competitors) and will be signposted from the door of the John Galsworthy building and will take competitors West to the river before turning north. Competitors will be taken through the process of correctly clearing and checking the SIAC cards at the start although it is strongly advised for competitors to trial the system for themselves under more relaxed conditions at the demonstration area described above.

### Course Details:

The following courses have been offered to follow as closely as possible the scoring age categories for the SEOUL. Map scales for all courses are 1:5000.

	<b>DISTANCE (KM)</b>	<b>CLASSES</b>	<b>NUMBER OF CONTROLS</b>
1	8.3	Men's Open	32
2	6.2	Women's Open, Men's Vets (M40+)	27
3	5.3	Women's Vets (W40+), Men's Super Vets (M55+)	22
4	4.5	Women's Super Vets (M55+), Men's Ultra Vets (M65+)	19
5	3.0	Women's Ultra Vets (W65+)	14
6	4.0	Juniors	15
7	1.9	Young Juniors	10

Terrain consists of largely flat roads and open spaces with lots of twisting and turning alleyways and pedestrianised areas especially close to the River Thames. Competitors should take care to avoid collisions with other members of the public and street furniture. All competitors take part at their own risk and are responsible for their own safety.

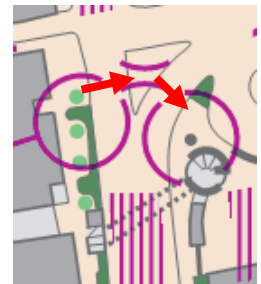
Loose control descriptions will be provided in the start lanes for all competitors, with pictorial descriptions used for all adult and junior courses 1-7.

All competitors (adults and junior) must report to download, next to registration in the John Galsworthy building.

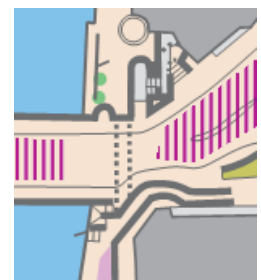
### Road Crossings:

The dual carriageways and one-way road system of Kingston town centre are out-of-bounds to competitors and are marked on the map as such. Some courses cross these roads by way of two compulsory crossings, described below.

There is a road crossing on courses 1, 2 and 3, with controls either side which will be timed out to allow competitors to cross the busy Wheatfield Way. This means that this leg will not be counted in the final results, so it is in the interests of competitors to walk this leg in order to conserve energy for later! A marshal will be present to ensure competitors walk across the two pedestrian crossings as shown. Note that the pedestrian tunnel marked on the map should not be used.



Courses 1 and 6 have controls to the north of Horse Fair (A308) dual carriageway. The pedestrian underpass beneath Kingston Bridge must be used on the route out and back. The underpass is marked on the map with dotted lines.



### Junior Courses:

In order to ensure junior courses comply with British Orienteering insurance requirements, courses 6 and 7 have been planned in car free areas. Since Kingston has a large pedestrianised section in the centre it has been possible to provide

technically challenging courses for juniors but one concession that has been necessary is that the finish for the juniors is separate from the adult competitors.

The junior finish is close to the start for all courses so helpers at the junior finish will direct junior competitors towards the route to the start to walk in reverse direction back to the assembly area. Since the control at the junior finish will stop all SIAC cards it is imperative that any adult competitors who happen to pass through the area by accident do not run within 1m of the junior finish!

### Results and Apres O:

Courses close at 2pm.

Results will be available on a regular basis on the day printed off on site. Final result should be available along with Routegadget on Monday morning at [www.slow.org.uk](http://www.slow.org.uk).

Although there will be no food provided directly on site, there are a number of good cafes and restaurants in the vicinity after your run, including Farm Fresh Burgers and Shakes just to the North of the campus before the turn off to the campus along Fassett Road on the route to the event.