

Sunday 11 July 2010

OXSHOTT HEATH



South London Orienteers present FROLICS Series 2010 - Race 3

Parking: Oxshott railway station
Grid Ref: TQ141609

Courses: Light Green ("FROLIC") 4km + optional extra loop (c 2.5km)
Yellow 2km
White 1km
"Naughty Numbers" for young children

Map: Updated 2010. 1:7500 or 1:5000 for shorter courses

Registration: 9:30 am to 11:30 am

Starts: 10:00 am to 12:00 am

Facilities: Toilets.

Fees: £4.00 for seniors , £2.00 for juniors.
Add £1 (free to juniors) if you need to hire an SI card (electronic timer).
FREE entry for SLOW juniors/

Public transport: Oxshott station is served by trains from Waterloo via
Wimbledon and Surbiton

Enquiries: Andy Robinson fixtures@sloweb.org.uk 020 8255 7176

SLOW website: (results and general info) www.slownet.org.uk

FROLICS: is a friendly inter-club competition run on the Light Green course, with a fiendishly complicated handicap scoring system which favours the less experienced - all courses are open to all-comers, whether beginners or experienced.
Details of FROLICS series at: www.londonorienteeing.co.uk/frolics/index.htm