

Last Name	First Name	Club	Class	Age
Abrams	Melanie	Independent	F	53
Alvis	Jonathan	Jedi Knights	M	27
Ansell	Rick	Tring RC	M	50
Armitage	Jeff	Thames Hare & Hounds	M	51
Ashley	Paul	Independent	M	32
Austin	Patrick	Cambridge Harriers	M	43
Badger	Nick	Independent	M	29
Bailey	Kevin	Dorking & Mole Valley AC	M	42
Bailey	Graham	Hawk's Attack	M	33
Balfour	Hugh	Dulwich Runners	M	56
Banting	Emily	Tadworth AC	F	29
Barberis Negra	Nicola	Serpentine RC	F	30
Barnes	Paul	AFC Charvil	M	42
Basquill	Victoria	Postal Orders	F	39
Battson	Elaine	Victoria Park Harriers	F	44
Beale	Tim	SN	M	26
Best	Tim	East Grinstead AC	M	40
Birks	Zak	Independent	M	31
Black	Nick	Clapham Chasers	M	38
Blair	Graeme	Serpentine RC	M	42
Blair	Edward	Independent	M	25
Boakes	Paul	Independent	M	42
Bojarski	Andrzej	Independent	M	38
Bolton	Carrie	Independent	F	32
Brockington	Tim	Springfield Striders	M	54
Brolly	Chris	Bishops Stortford RC	M	50
Brown	Rozi	Hawk's Attack	M	28
Brown	Stephen	Cambridge Harriers	M	52
Budd	Tim	Independent	M	31
Bull	Christopher	Independent	M	28
Bunn	Nigel	Tring RC	M	46
Burgess	Michael	Tring RC	M	49
Butler	Ray	Bishops Stortford RC	M	32
Byford	Jon	Springfield Striders	M	37
Camp	Stuart	Sandhurst Joggers	M	49
Carter	Neil	SUFFOC	M	34
Cashin	Michael	Independent	M	29
Channing	Paul	Portsmouth Joggers	M	53
Chenery	Matthew	Herts Fire & Rescue	M	25
Chesher	Tim	FRA	M	45
Chinn	Michael	Independent	M	39
Chisholm	Neil	Thames Hare & Hounds	M	36
Chittenden	Peter	Tone Zone Runners	M	73
Churchard	Brian	Reigate Priory AC	M	43
Clark	Peter	Stragglers	M	52
Clarke	John	Springfield Striders	M	50
Clarke	Sue	Springfield Striders	F	55
Clayton	Lucy	Sandhurst Joggers	F	31
Colbert	Sarah	Springfield Striders	F	41
Cole	Steven	Stragglers	M	43
Collins	Will	Independent	M	31

Cooper	Susan	Dulwich Runners	F	29
Cox	Damien	Postal Orders	M	31
Cramp	Helen	Reigate Priory AC	F	37
Crone	Gary	Independent	M	39
Crossley	Tony	East Grinstead AC	M	57
Crowe	Katie	Serpentine RC	F	34
Crump	Philip	Independent	M	38
Davies	Phil	Stragglers	M	54
Davis	Cathy	Stragglers	F	46
Day	Alec	FRA	M	35
de Meyer	Nick	RG Active	M	36
Dedman	Tim	Bishops Stortford RC	M	46
Deighton	Andy	Independent	M	55
Dillon	Geoff	Independent	M	38
Diplock	Mark	Independent	M	34
Edgar	James	Serpentine RC	M	28
Edmonds	Ian	Reigate Priory AC	M	58
Edwards	Melanie	Dulwich Runners	F	29
Egan	Chris	Tring RC	M	45
Eichbauer	Brad	Independent	M	40
Evans	Lorraine	Bishops Stortford RC	F	51
Evans	John	Serpentine RC	M	59
Evans	Ben	Guildford & Godalming AC	M	31
Feakins	Nicholas	Reigate Priory AC	M	55
Ferris	Jim	Independent	M	38
Field	David	Plumstead Runners	M	54
Findlay	Alan	Bishops Stortford RC	M	45
Firth	Laura	Independent	F	30
Ford	Adam	Herts Fire & Rescue	M	38
Francis	Gavin	Sheen Shufflers	M	46
Freake	Matt	Independent	M	39
Funnell	David	Worthing Harriers	M	45
Furey	Natasha	Bishops Stortford RC	F	32
Gale	Joseph	Independent	M	27
Garvin	Mike	Serpentine RC	M	40
Gascoyne	Ray	Fleet & Crookham AC	M	45
Gemmill	Joanna	Springfield Striders	F	50
Gladikowski	Jens	Wimbledon Windmilers	M	40
Gleeson	John	Independent	M	42
Gooding	Roger	Springfield Striders	M	36
Gosden	Cliff	Independent	M	57
Gosden	Joe	Independent	M	25
Gray	Mark	Stragglers	M	40
Gray	John	Independent	M	60
Gray	Steve	Glasgow Uni Hare & Hounds	M	30
Gray	Dougie	PH3	M	48
Green	Steve	Thurrock Harriers	M	45
Hack	Chris	Portsmouth Joggers	M	60
Hadley	Phil	Herts Fire & Rescue	M	46
Hadley	Peter	Cambridge Harriers	M	64
Hall	Alex	Cambridge Harriers	M	51
Hall	Andrew	Portsmouth Joggers	M	60

Hall	Claire	Portsmouth Joggers	F	59
Hamilton	Neil	Reigate Priory AC	M	47
Hamson	Peter	Tring RC	M	63
Harfield	Patrick	Portsmouth Joggers	M	33
Harris	Ryan	Reigate Priory AC	M	37
Harrison	Wesley	Serpentine RC	M	31
Hatvany	Alan	Sheen Shufflers	M	52
Hauser	Andy	Holmfirth Harriers AC	M	55
Hawkesworth	Simon	Hawk's Attack	M	31
Hawkesworth	Rowena	Hawk's Attack	F	28
Hayden	Adam	Independent	M	27
Haynes	Richard	Haywards Heath Harriers	M	52
Hedgecock	Mark	Independent	M	44
Helm	Ian	Hawk's Attack	M	42
Henke	John	Independent	M	55
Hewitt	Paula	Elmbridge Road Runners	F	39
Hews	Ian	Independent	M	45
Hibbert	Andrew	Serpentine RC	M	33
Hickman	Stephen	Ashford & District RRC	M	51
Hicks	Tim	Haywards Heath Harriers	M	51
Hill	James	Serpentine RC	M	41
Hinton	Robert	26.2 RRC	M	46
Hodges	Alastair	Independent	M	32
Hodkinson	Peter	Erewash Valley RC	M	19
Holloway	Nicholas	Treasury Runners	M	48
Holmes	Robin	Hawk's Attack	M	21
Holmes	Rachael	Ranelagh Harriers	F	28
Holmes	Ruth	SARUM	F	23
Howarth	David	Worthing Harriers	M	51
Hughes	James	Hawk's Attack	M	36
Hunt	Jenny	Guildford & Godalming AC	F	25
Imeson	Hazel	Tadworth AC	F	54
Ind	Stephen	Elmbridge Road Runners	M	55
Ingram	Rosie	Serpentine RC	F	32
Jackson	Edmond	Independent	M	47
James	Dominic	AFC Charvil	M	43
James	Graham	Stubbington Green Runners	M	50
Jenkins	Darren	Independent	M	29
Johnson	Richard	Dulwich Park Runners	M	32
Jones	Michael	Independent	M	27
Keighly-Elstub	Henry	Tring RC	M	39
Kelley	Antoinette	Independent	F	30
Kemp	Richard	Independent	M	32
Kingdon	Becky	SLOW	F	26
Knapp	John	Epsom Oddballs	M	50
Knight	Paul	Independent	M	42
Kolodziej	Natalie	Serpentine RC	F	29
Kowenicki	Richard	Thames Hare & Hounds	M	31
Laforet	Deanna	Serpentine RC	F	25
Langley	Ross	Tring RC	M	26
Lark	Trevor	Tring RC	M	51
Law	Steve	Blackwater Valley Runners	M	53

Lawrence	Gavin	Reigate Priory AC	M	38
Legge	Jon	Springfield Striders	M	46
Levene	Stu	Happy Herts	M	41
Lockett	Carolyn	Maidenhead AC	F	51
Lockett	Jeremy	Maidenhead AC	M	52
Lowe	Kim	Dorking & Mole Valley AC	F	46
Macara	Ian	Independent	M	38
Mackenzie	John	Reigate Priory AC	M	60
Manning	John	Tring RC	M	57
Marshall	Ian	Cambridge Harriers	M	63
Marsland	Phil	SLOW	M	43
Martin	Katie	Independent	F	32
Martin	Jamie	Independent	M	43
Mason	Andrew	Springfield Striders	M	46
McCarthy	Ian	Independent	M	39
McClymont	Ian	Bishops Stortford RC	M	65
McDonough	Mike	London Frontrunners	M	36
McGoun	Neil	Springfield Striders	M	30
McGrath	John	Worthing Striders	M	47
McKay	Ewan	Reigate Priory AC	M	34
McMullen	James	Thames Hare & Hounds	M	26
Miles	Peter	Independent	M	28
Mills	Nick	Tri London	M	32
Mitchell-Smith	Tim	Bishops Stortford RC	M	44
Morgan	Laura	Victoria Park Harriers	F	25
Moss	Stuart	Independent	M	36
Munk	Jamie	Independent	M	25
Murphy	Steve	Reigate Priory AC	M	53
Neale	Lucy	Springfield Striders	F	31
Newell	Mark	Cambridge Harriers	M	52
Newton	Geoff	Tadworth AC	M	65
Nichols	Mark	Watford Joggers	M	59
Norton	Christopher	Reigate Priory AC	M	34
O'Callaghan	Greg	Tring RC	M	38
O'Hara	Lawrence	Independent	M	31
Over	Darren	Serpentine RC	M	37
Parker	Stuart	Independent	M	36
Pateman	Ian	Springfield Striders	M	53
Patton	Alex	Mornington Chasers	M	27
Pitch	Amy	Vale of Aylesbury	F	26
Pitt	Maresa	Haywards Heath Harriers	F	38
Pocock	Michael	Reigate Priory AC	M	55
Poulton	Joanna	Independent	F	21
Priego	Martin	Postal Orders	M	30
Pringle	Andrew	Reigate Priory AC	M	48
Quirico	Lance	East Grinstead AC	M	56
Raffle	James	Windrush Triathlon Club	M	29
Read	Antony	Reigate Priory AC	M	53
Redmayne	Graham	Dulwich Park Runners	M	30
Reed	Simon	Notts AC	M	52
Roberts	Jon	Independent	M	43
Robinson	David	Postal Orders	M	34

Rodgers	Ian	Bishops Stortford RC	M	44
Rogers	Chris	Cambridge Harriers	M	41
Rollins	Sarah	BAOC	F	34
Rollins	David	BAOC	M	45
Rosso	Lula	Serpentine RC	F	38
Rowe	Gordon	AFC Charvil	M	45
Sahebjab	Matt	Hawk's Attack	M	29
Saito	Yuzo	Hercules Wimbledon	M	36
Sanderson	Robin	Herne Hill Harriers	M	34
Sandham	Steve	Stragglers	M	61
Sapsard	Paul	Reigate Priory AC	M	54
Savage	Malcolm	Springfield Striders	M	63
Sawers	Robert	Chichester Runners & AC	M	49
Sawyer	David	Tring RC	M	47
Scannell	Jack	Eryri Harriers	M	42
Schurmann	Caroline	Dulwich Runners	F	34
Scott	Sam	Southern Navigators	M	40
Scott	Paul	Southern Navigators	M	38
Scott	Roy	Springfield Striders	M	30
Sellwood	Guy	Walton AC	M	48
Seymour	Carl	Postal Orders	M	41
Sharp	Peter	Thames Hare & Hounds	M	29
Shaw	Vivienne	Bishops Stortford RC	F	47
Sheard	Jane	Pudsey & Bramley AC	F	40
Shelton	Joanne	Dulwich Runners	F	36
Sherriff	Adrian	Bishops Stortford RC	M	49
Shotter	Jean	Holmfirth Harriers AC	F	48
Shrimplin	Stephen	Cambridge Harriers	M	53
Siddle	Candice	Tadworth AC	F	38
Smallwood	John	Cumberland Fell Runners	M	38
Smith	Alison	Tring RC	F	46
Steen	Duncan	Victoria Park Harriers	M	26
Stephens	Guy	Independent	M	41
Steward	Claire	Dulwich Runners	F	58
Stirk	Adam	Guildford & Godalming AC	M	26
Stronge	Ian	Reigate Priory AC	M	56
Stubblings	Richard	Worthing Harriers	M	58
Stukas	Paul	Springfield Striders	M	49
Sutherland	Fiona	Bishops Stortford RC	F	53
Sutton	Darren	Springfield Striders	M	41
Sykes	Mark	Haywards Heath Harriers	M	51
Tasker	Julian	Independent	M	35
Tate	Chris	Bishops Stortford RC	M	51
Taylor	David	Reigate Priory AC	M	36
Taylor	Russell	Independent	M	41
Thompson	Mark	Independent	M	30
Thompson	Richard	The Fell Ponies	M	31
Thompson	Joe	Serpentine RC	M	35
Thurston	Les	Bishops Stortford RC	M	61
Tothill	Michael	Helios harriers	M	40
Trevelyan	James	Independent	M	55
Tucker	Graham	Reigate Priory AC	M	59

Tuckey	Stuart	Independent	M	40
Turner	John	Stragglers	M	57
Turner	Zeff	Independent	M	32
Vogel	Gerhard	Border Track & Field Club	M	27
Walters	Matt	Pearson Cycles CC	M	46
Webb	Brandon	Lingfield Running Club	M	39
Whelan	Alan	Tring RC	M	45
White	Rob	Independent	M	31
Wild	Richard	RG Active Race Team	M	26
Wilkes	Tim	Tadworth AC	M	47
Williams	John	Springfield Striders	M	58
Williams	Geoffrey	Bishops Stortford RC	M	53
Wing	Matthew	Jedi Knights	M	27
Woodall	Marc	Guildford & Godalming AC	M	25
Wurr	Simon	Thames Hare & Hounds	M	34
Wylde	Robert	Dorking & Mole Valley AC	M	48
Yetton	David	Portsmouth Joggers	M	56