



Final details

Glovers Wood

Sunday 13th Sept
Level C event



This event is being offered to replace the cancelled London City race

A message from Alan Leakey, Chair of South London Orienteers

Welcome to this, the first post-lockdown event from South London Orienteers. As a club we have put a lot of thought into this event to ensure that we operate within government and British Orienteering guidelines and above all to ensure that we do everything we reasonably can to keep competitors and volunteers safe. With that in mind I am sure that you will understand that wherever concerns have arisen about processes we have erred on the side of caution. So, if you feel that we have been a bit 'over the top' in some areas please accept that and bear with us.

Above all remember that this is a local event with the focus on enjoyable orienteering. So have fun but above all be considerate of others during your run.

May your sunlit forests always be runnable!

In entering this event you have signed up to a Participant Code of Conduct

Everyone taking part must follow the Participant Code of Conduct at all times. The Code of Conduct can be found on the British Orienteering website. The key considerations include:

- Acting as an ambassador for the sport of orienteering at all times and considering how their actions may appear in the eyes of landowners or members of the public.
- Observing social distancing at all times, including keeping their distance from other participants, volunteers and members of the public.
- Using hand sanitizer on arrival and departure.

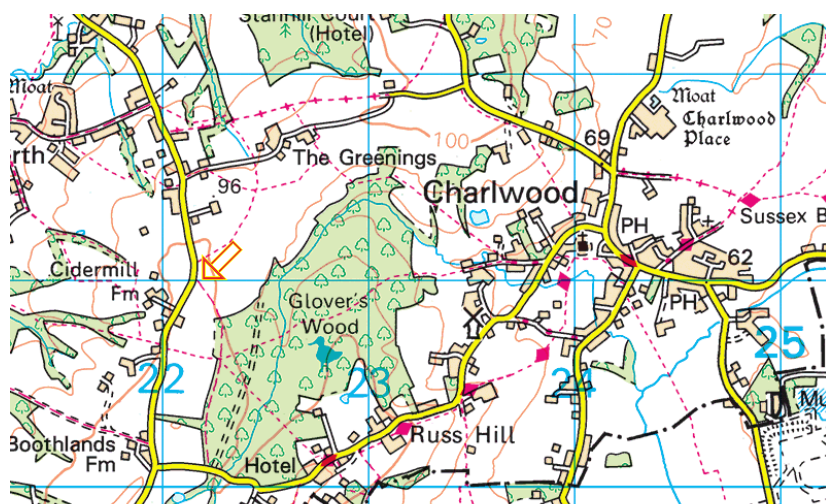
Anyone who has symptoms of COVID-19, who is living in a household with someone who has a possible or confirmed COVID-19 infection, or who has been asked to isolate by NHS Test and Trace should remain at home. People who are classified as clinically extremely vulnerable can now consider taking safe exercise outdoors and meeting up with one person outside their household; however, it is unlikely that they would be able to safely take part in an organised orienteering event or activity.

LOCATION 10 miles south of Dorking and 5 miles north-west of Crawley

DIRECTIONS

Signposted from just north and south of the event, with countdown markers being used up to the car park.

The entrance/ exit to the car park is on a bend – enter and exit with care



Nearest Post Code RH5 5BP
Parking is 350m to the north,
on the east of Partridge Lane.

OS Grid ref: TQ221410

What3Words
update.flank.arts

5287

CAR PARKING

Parking is in a large level field. Please park at a social distance.
Charge included in your entry fee.

FACILITIES in car park

Pre-booked **SIAC collection and Download**

Toilets: Sanitisers will be on the outside, so please make use of them before and after touching anything.

Tom's Food Wagon: Card transaction only. No usual tables and chairs.

please note there is no key drop

ENTRIES

Only electronic pre-entry by Sientries. If you missed the Standard Price closing date there may be some spare maps and start times available. Please log on to Sientries <http://www.sientries.co.uk> and see what may be available.

Seniors £11 Juniors £5

Seniors £2 Juniors Free

SPORTident timer SIAC hire

Lost SPORTident SIAC timer £63

For our refund policy please see the Preliminary Details

COURTESY TO OTHERS

Much of Glovers Wood is owned by the Woodland Trust and covers most of the competition area. One section of the forest has some signs which read 'Permissive footpath - please keep to the path - Northlands'. We have permission to use this area and you may run in the woodland! Please be considerate to dog owners, horse riders, mountain bikers, walkers, etc. Continued use of this area relies on us keeping the public happy. Notices have been displayed advising the public of this orienteering event.

LONE RUNNERS

If you have travelled alone, please leave in an envelope close to the SIAC Hire tent, your vehicle registration and ICE (In Case of Emergency) contact details.

MEDICAL CONDITIONS

If you did not complete the medical section on Sientries download and complete the *British Orienteering* form www.britishorienteering.org.uk/images/uploaded/downloads/officials_handbook_safety_firstaid_medical_form_280514.doc Place it in a sealed envelope with your name on the outside and leave it close to the SIAC Hire tent. Envelopes will only be opened if required for a medical emergency and unopened envelopes will be destroyed immediately after the event.

FIRST AID

First Aid of a limited nature is provided by club First aiders, located in the car park. The nearest A & E Hospital is East Surrey A&E, Canada Ave, Redhill, RH1 5RH. A map showing its location is available close to the SIAC Hire tent.

PLANNER'S NOTES and TERRAIN

Glovers Wood is one of the largest areas of woodland in the Surrey Weald with some ancient woodland and unusual species such as wild service tree, small-leaved lime, wych elm and midland hawthorn. The area is compact with the main feature being a long steeply sided valley with some small valley offshoots. This main stream, the Welland Ghyll, has cut down through the Weald clay and into the underlying Paludina limestone (unique in the northern Weald). The surrounding forest contains the remains of medieval bank and ditch systems (only the more prominent of which are mapped).

The runnability is generally very good with little bracken or brambles. In places the difference between good runnability and slow run is very gradual, making it difficult to show on the map. Some of the 'white forest' has light ground cover which is not shown on the map. At the time of preparing this text the water features are mostly dry but for clarity the map shows these with normal blue symbols. Unfortunately, there are a number of piles of rubbish in the forest; only the larger ones are mapped. Recent autumnal leaf fall has meant many paths are less distinct.

COURSES Subject to final controlling. Take care and check your control codes when punching.

	Length (km)	Climb (m)	Controls	Technical Difficulty	Physicality	Start
Brown* #	9.8	205	42	Difficult	High	East
Blue*	6.8	180	28	Difficult	High	West
Short Blue*	5.4	120	23	Difficult	Medium	East
Green	4.9	125	21	Difficult	Medium	West
Short Green	4.0	75	20	Difficult	Low	East
Light Green	3.4	75	15	Moderate	Medium	East
Orange	3.0	55	17	Moderate	Low	West
Yellow	2.2	35	16	Easy	Low	West

*Brown, Blue and Short Blue have double-sided maps

Brown has a large numbers of controls - please ensure your dibber has sufficient capacity

“Physicality” relates to the number of times the course crosses Welland Ghyll. This steep-sided valley will be slippery if wet; the (currently dry) stream at the bottom is cut into 1 m high banks. The Short Green is designed to cross this valley a minimum number of times with a path/bridge option each time. The Orange and Yellow use paths/bridges to cross the valley. If you wish to change your course as a result of this information, please contact the organiser.

YELLOW COURSE

You may study your map, with overprinted course in the Start lane, before you begin your course. There will be happy /sad faces on some parts of this course to aid competitors.

OUT OF BOUNDS AREAS and ROAD ROUTES

All fields and settlements are out of bounds. Please do not enter these areas.

The courses have all been planned to avoid road routes. Using roads between controls is forbidden.

MAP scale 1:7500, 5m contours and other information

Surveyed summer 2020 by Charlie Turner using LIDAR data. All maps A4 size and on waterproof paper with course details and control descriptions on the front (or front and back). A green ✕ is a root stock >1.5m. A black x is a hide or bench. A black O is an abandoned vehicle or other rubbish pile. A small green ● is a prominent holly bush and sometimes these are small. Not all holly bushes are mapped.

CONTROL DESCRIPTIONS

Due to Covid19, control descriptions will only be on the maps on the day. There will be no loose copies in the start lanes. **From Tuesday 8th Sept, loose control descriptions can be downloaded from www.slow.org.uk**

Yellow & Orange courses: Written and IOF pictorial descriptions

All other course have IOF pictorial control description, with these special symbols:

X is a hide or bench O is an abandoned vehicle or other rubbish

START AND START TIMES and SPORTident timing

Mixed SI and SIAC contactless punching. You are encouraged to use a SIAC if you have one – if you have entered with an SI card and wish to use a SIAC, this is not a problem – come to troubleshooting and download there and it can be amended.

You have been allocated a Start block time.

In order to comply with current guidelines there will be a number of different features in the Start procedure.

There will be two separate Starts, both in the Car Park field, so make sure you go to the correct one for your course. Only approach your Start when your start block commences - don't crowd around the entrance to the start funnel - maintain social distancing. There will be a maximum of 10 competitors starting in each 15-minute block, so there will be plenty of slots available.

At each Start:

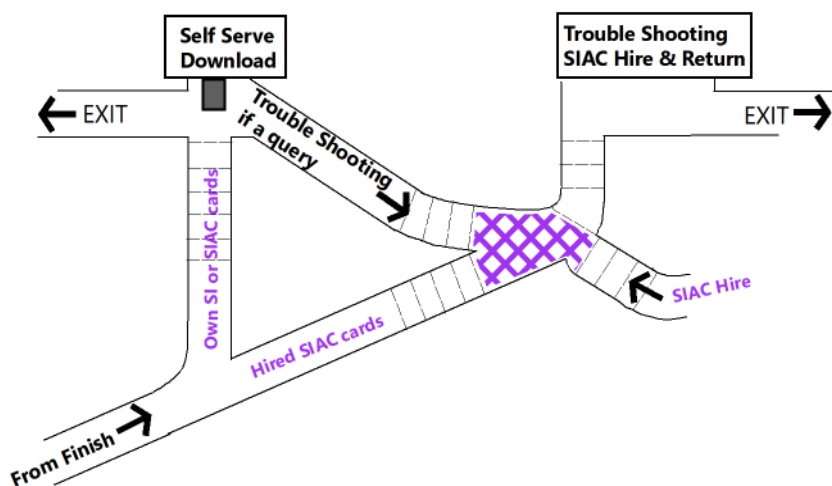
- There will be just one lane, with an extra-large grid for each minute to maintain social distancing.
- No more than one competitor will be allowed to start in any minute. We will not promote any competitors into empty grids.
- There will be a sanitiser station at the entrance to the Start system for competitors to use on their hands and dibber.
- The *SIAC Battery Test, Clear, Check, SIAC Test and Start* boxes will be on stakes in the Start system. It is the competitor's responsibility to ensure that they use each one correctly.
- There will not be any control description sheets in the Start system.
- It will be a punching Start, everyone must 'dib' in the Start box to record their start.
- One of the start officials will set out your map on the ground by the map box for your course. Ensure that you take the correct map and don't touch any others.

The East start leads directly into the forest and the start triangle. The West start leads to a 215m taped route to the start triangle. Please make sure young competitors on Yellow and Orange understand that they need to follow the tapes all the way to the start kite.

FINISH and DOWNLOAD

- There will be one Finish for all courses. The finish boxes will be contactless enabled.
- After finishing all competitors should follow tapes 20m to dib in the Safety Check box. It is essential that you do this for safety reasons as it ensures that we have a record of all finishers.
- After dibbing in the Safety Check box follow tapes 250m to Download in the Car Park field. Please walk the route so you can cool down and be breathing normally when you download.

Download is different to pre-COVID lockdown and has two options. If you have your own SI or SIAC card please use the 'Self Serve' Download. Please follow the instructions on the computer screen and take your splits as normal. If there is a problem with your entry it will state this clearly on the splits print out. Please progress down the TROUBLESHOOTING QUEUE where the problem will be resolved. If your printout is normal; i.e. it is your splits and you have a result, then please use the EXIT. If you hired a SIAC then please download at the Troubleshooting desk so you can return your SIAC



- Please observe the 2 metre rule.
- Do not touch the printer or the download station when you insert your SI/SIAC and remove your splits.

IF THE SI BOX FAILS

If during your race the SI box fails, the back-up punch attached to the kite must not, for Covid-19 reasons be used. A failed SI box will not result in your disqualification.

COURSE CLOSURE TIME

This is planned to be at 3.30pm but may be extended if we have a high number of late entries.

To avoid any useless search operation, you must report to Download, even if you do not complete your course.

DOGS

Only well behaved dogs on a lead in the car park.

SAFETY

- **Orienteering is an adventure sport:** A comprehensive risk assessment for the event has been prepared and identified risks have been mitigated, however **please be aware that participants take part at their own risk and are responsible for their own safety during the event.** Parents are responsible for their children and advice is available on request about the suitability of the course that their children may have entered. Please report any accidents and injuries ON THE DAY to the organiser.
- **Emergency:** All maps are overprinted with the organiser's telephone number.
- **Clothing and whistle:** If the weather is poor we may require you to wear a cagoule and carry a whistle. In an emergency to summon help - 6 short blasts, followed by a one minute break.
- **Forest hazards:** Please be careful of crossing streams/ditches, steep slopes, etc. that are on some courses. The timber bridges may be slippery and if necessary, walk.
- **Lost persons:** Take a safety bearing west to the field edge and then turn either north or south to the carparking field.
- **Ticks** - Could be present in the area but with a low likelihood at this time of year. Check over your whole body after competing and again over the next few days, removing any (recommend using an O'Tom tick Twister tool) without delay. If bites develop a rash or become inflamed, obtain medical advice. Tick bites could be a source of Lyme disease.



ASH DIEBACK PRECAUTIONS

Please arrive with all kit cleaned following use at any previous orienteering event, as per *British Orienteering* guidelines on Ash Dieback precautions.

RESULTS

Due to covid restrictions there will be no results screens or printouts on the day. These will be available after the event on our website www.slow.org.uk

PERSONAL DATA

The **personal data** you give will be used by the event organisers and their agents only for the purpose of processing and publishing the event entries and results, for conducting safety checks and to validate *British Orienteering* insurance cover.

OFFICIALS

Organiser: Charlie Turner charlie@slow.org.uk
SPORTident: Gordon Parker (SLOW)

Planner: Richard Catmur (SLOW)
Controller: Paul Todd (LOK)

ACKNOWLEDGEMENTS

Without these people, this event would not be possible!

Peter Coles of the Woodland Trust

Joe Ellis for land access assistance

Mr & Mrs D McCorquodale for use of their woodland

Stuart Howes for use of the parking field

CANCELLATION OR LAST MINUTE CHANGES

Check website www.slow.org.uk prior to travelling in case of any last minute changes.

