

South London Orienteers Sunday 24th Nov 2019 Hankley Common National Level Event South East Long Distance Championships Royal Logistics Corps Championships Junior Selection Race for Interland 2020

Final Details

LOCATION 6 miles south of Godalming. Parking on Hankley Common.

DIRECTIONS Parking will be signposted from the cross roads at Jumps Road and Tilford Road and also from the junction of Dye

House Lane and Thursley Road:

O Nearest Post Code GU8 6QL OS Grid ref: SU895406

Public Transport – trains run to Godalming or Farnham stations from Waterloo.

See www.southwesternrailway.com for timetables. Unfortunately, you will need to cycle or arrange a lift from here to the event or get a taxi – it is about 6 miles from Godalming or 8 miles from Farnham station to the event.

CAR PARKING Parking space is limited. Please car share if possible. Follow the track to car parking and park as directed.

Parking is mainly on hard standing around military buildings. **Take care and drive slowly as the access into the car** parking areas is shared other users of the area and with competitors walking to/from the Start and Finish.

FACILITIES Enquiries, EOD Registration and Dibber Hire/Collection

Toilets in the Huts plus Portaloo toilets

Download

Traders – Continental Catering and Ultrasport

ENTRY ON THE DAY (EOD) from 09.45 to 11.30 Please fill in the EOD Form available at enquiries.

EOD (subject to map availability) fees are:

British Orienteering members

Not members of British Orienteering

SPORTident timer SIAC hire £2.50

Lost SPORTident SIAC timer £60

Seniors £15 Juniors £7
Seniors £17 Juniors £8

NEWCOMERS

Please come with clothing suitable for walking/running round a wood, especially if it is wet and cold. Full cover leg protection is required but you may wear short sleeved tops When you arrive at the event go to Registration and a SLOW club member will be on hand to answer your questions and help you get started.

COURTESY TO OTHERS

Hankley Common is a military area which is very popular with other users. Please be considerate to dog owners, horse riders, mountain bikers, walkers, etc.

LONE RUNNERS

If you have travelled alone, please leave at Enquiries your Vehicle registration and ICE (In Case of Emergency) contact details.

MEDICAL CONDITIONS

If you are an EOD entry or did not complete the medical section on SiEntries you are invited to download and complete the standard *British Orienteering* form (officials_handbook_safety_firstaid_medical <u>form_</u>280514.doc). Place it in a sealed envelope with your name on the outside and leave it at Enquiries. Envelopes will only be opened if required for a medical emergency and unopened envelopes will be destroyed immediately after the event.

FIRST AID

First Aid is provided by club First aiders, located at Enquiries. The nearest A & E Hospital is Royal Surrey A&E, Egerton Rd, Guildford GU2 7XX. A map showing directions is available at Registration.

Toilets

There are toilets in the huts. We have provided 2 extra Portaloos in the car park but please check first in the huts as there is a lot more capacity inside.

PLANNER'S NOTES and TERRAIN

Hankley Common is mainly fast, runnable deciduous woodland with occasional thicker areas of undergrowth. The courses have been planned to make the most of the runability. Some courses cross streams but even after wet weather these can be easily crossed. There are also many ditches so take care.

	Length (k)	Climb (m)	Controls	Map size
Black	13.4	350	31	A3
Brown	10.9	280	24	A3
Short Brown	9.6	210	22	A3
Blue	6.7	180	18	A3
Short Blue	5.4	150	16	A4
Green	4.6	120	14	A4
Short Green	3.8	80	16	A4
Light Green	3.4	45	10	A4
Very Short	3.3	50	10	A4
Green				
Orange	2.4	35	9	A4
Yellow	2.2	25	10	A4
White	1.6	25	12	A4

WHITE and YELLOW COURSE

You may study your map, with overprinted course in the Start lane, before you begin your course.

MAP scale 1:10000, 5m contours and other information

The map has been extensively revised for this event by Dave Peel, and incorporates Lidar data. All maps on waterproof paper with course details and control descriptions on the front. A3 for Black to Blue and A4 Short Blue to White.

CONTROL DESCRIPTIONS

Control descriptions will be available in the start lanes and printed on the maps.

White, Yellow & Orange courses: Written and IOF pictorial descriptions

All other courses: IOF pictorial descriptions

The following symbols are used on the control descriptions:

Hide / Horse jump

START AND START TIMES and SPORTident timing

Start times are available on SiEntries

It is a punching start for both SI and SIAC. Competitors in the RLC Championships and the selection race have been appropriately seeded. Please do not miss your start time!

During the course mixed traditional SI and contactless SIAC punching will be used. Controls will have back-up punches, if SI failure occurs at a control, use the clipper to punch the box on the right corner of your map.

The Start is from 10.00 to 12.00 and is a 600m level walk from the main car park. There will be a late start lane for split starts and those who miss their start time. Please note you may need to wait for an appropriate start time depending on your course. The Blue course is particularly full so those who miss their start may have to wait for a while for a space. You have been warned!

COMPULSORY SAFETY CHECKS at START

In the pre-start there is an electronic SI safety 'Check'. Do not avoid this check.

FINISHES

The finish is adjacent to assembly. The Finish is contactless for SIAC cards. Once finished please go directly to the DZ Huts for download. **YOU MUST REMEMBER TO DOWNLOAD.**

COURSES CLOSE at 2.00pm

To avoid any useless search operation, you must report to download, even if you do not complete your course.

PRIZE GIVING

Prize giving for the OK Nuts Trophies and the South East Long Distance Championships will take place as soon as the prize winners are known. To be eligible for the South East Long Distance Championships you must be a member of the SEOA.

STRING COURSE

We are sorry but we are unable to provide a string course.

SAFETY

- Orienteering is an adventure sport. A comprehensive risk assessment for the event has been prepared and identified risks
 have been mitigated, however please be aware that participants take part at their own risk and are responsible for their
 own safety during the event. Parents are responsible for their children and advice is available on request about what
 courses may be suitable. Please report any accidents and injuries ON THE DAY at Enquiries.
- **Beware** Hankley Common is a military area. You must not touch any military equipment or ordinance you may find on the area.
- **Emergency:** All maps are overprinted with a safety phone number that can be used in an emergency.
- **Clothing and whistle** If weather is poor we may require you to wear a cagoule and carry a whistle. In an emergency to summon help: 6 short blasts, followed by a one minute break.
- Forest hazards -Please be careful of crossing streams/ditches etc. that are on some courses.
- Road to Start: The route to the Starts (all courses) follows the access track to the area. Please walk with care and obey any marshal's instructions.
- Black, Brown and Short Brown Courses cross the entry / exit track. Please take care when crossing. These courses also go
 very close to Hankley Common Golf Club so please be courteous to golfers, especially if they are on the tee and watch out
 for golf balls!
- Using roads between controls is forbidden.
- Ticks Could be present in the area but with a low likelihood at this time of year. Check over your whole body after competing and again over the next few days, removing any (recommend using an O'Tom Tick Twister tool) without delay. If bites develop a rash or become inflamed, obtain medical advice. Tick bites could be a source of Lyme disease.

DOGS

As part of the licence to use this area, dogs are not allowed.

OUT OF BOUNDS

There are small areas of OOB on the map, including an area marked by an uncrossable boundary line - please do not enter these areas.

ASH DIEBACK PRECAUTIONS

Please arrive with all kit cleaned following use at any previous orienteering event, as per *British Orienteering* guidelines on Ash Dieback precautions.

RESULTS

These will be available after the event on our website www.slow.org.uk

PERSONAL DATA

The **personal data** you give will be used by the event organisers and their agents only for the purpose of processing and publishing the event entries and results, for conducting safety checks and to validate *British Orienteering* insurance cover.

INSURANCE

Please note that **if you have competed in three orienteering events** registered with *British Orienteering* **and not joined an orienteering club** which is a member of *British Orienteering*, **you are not covered by our public liability insurance.** If you are not a *British Orienteering* member, for insurance purposes please leave your contact details with the entry team.

OFFICIALS

Organiser: Steph Moss (SLOW) 01428 647975 fixtures@slow.org

SPORTident: Gordon Parker (SLOW) Planner: Simon Moss (SLOW) Controller: Clive Caffall (NGOC)

CANCELLATION OR LAST MINUTE CHANGES Check website <u>www.slow.org.uk</u> prior to travelling **in case of any last minute changes.** In the event of cancellation some or all of your entry fee may be retained to cover costs already incurred.

British Orienteering registered event no. 72036