



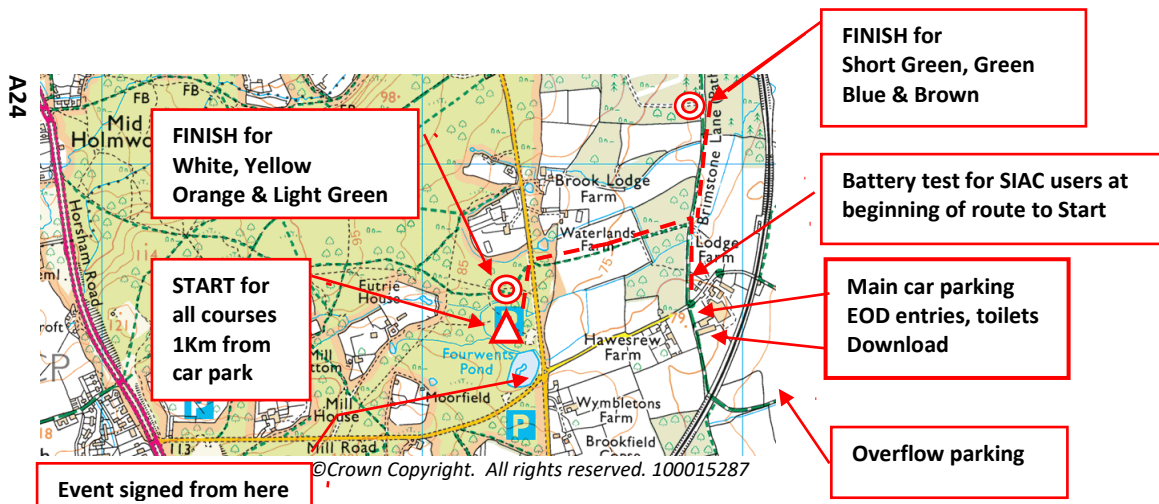
# Holmwood Common and Scamells Grove

## Final details Level C Regional event

**LOCATION** 3 miles south of Dorking. Parking at Lodge Farm, Lodge Lane.

**DIRECTIONS** Parking will be signposted from the cross roads at Fourwents Pond:

- Nearest Post Code RH5 4NX OS Grid ref: TQ183453
- Public Transport – trains run to Dorking Main station from Waterloo and Victoria. See [www.southernrailway.com](http://www.southernrailway.com) and [www.southwesternrailway.com](http://www.southwesternrailway.com) for timetables. Also trains run from Reading via Guildford to Dorking Deepdene Station and from Gatwick Airport and Redhill to Dorking Deepdene – see [www.gwr.com](http://www.gwr.com). Unfortunately, you will need to arrange a lift from here to the event or get a taxi – it is about 3 miles from the Dorking stations to the event. Note! South Holmwood rail station does not operate on Sundays.



**CAR PARKING** £1 Parking space is limited. Please car share if possible. Follow Lodge Lane up to the farm buildings and turn right as directed. Please have your £1 parking fee ready. Parking is mainly on hard standing around farm buildings, with an overflow area up to 300m away. **Take care and drive slowly as the access into the car parking areas is shared with competitors walking to/from the Start and Finish.**

**PARKING for FAMILIES** Pre entered families with young children may find it easier to initially park at the public car parks to the immediate N and SW of Fourwents Pond. The Start is 75m to the NW of the N car park. After running remember to Download at Lodge Farm. These car parks are very small. Please only use these if you have young children.

**FACILITIES** **Enquiries, EOD Registration and Dibber Hire/Collection**  
by farm **Portaloo toilets**  
buildings **Download**  
The farm has cattle and there is some mud in the parking areas.

**ENTRY ON THE DAY (EOD)** from 09.45 to 11.30  
EOD (subject to map availability) fees are:

<b>British Orienteering members</b>	<b>Seniors £10</b>	<b>Juniors £3</b>
Not members of <i>British Orienteering</i>	Seniors £12	Juniors £3
All Seniors on White, Yellow or Orange £5		
SPORTident timer SIAC hire £1.50	Seniors £1	Juniors Free
Lost SPORTident SIAC timer £45		

### NEWCOMERS

Please come with clothing suitable for walking/running round a wood, especially if it is wet and cold. Full cover leg protection is required but you may wear short sleeved tops. When you arrive at the event go to Registration and a SLOW club member will be on hand to answer your questions and help you get started.

### COURTESY TO OTHERS

Holmwood Common is owned by the National Trust and covers most of the competition area. On the common there is a popular circular walking trail. Please be considerate to dog owners, horse riders, mountain bikers, walkers, etc. Continued use of this area relies on keeping the public happy. Notices have been displayed advising the public of this orienteering event.

### LONE RUNNERS

If you have travelled alone, please leave your Vehicle registration and ICE (In Case of Emergency) contact details at Enquiries.

## MEDICAL CONDITIONS

If you are an EOD entry or did not complete the medical section on SiEntries, please download and complete the standard *British Orienteering* form (officials\_handbook\_safety\_firstaid\_medical\_form\_280514.doc). Place it in a sealed envelope with your name on the outside and leave it at Enquiries. Envelopes will only be opened if required for a medical emergency and unopened envelopes will be destroyed immediately after the event.

## FIRST AID

First Aid is provided by club First aiders, located at Enquiries. The nearest A & E Hospital is East Surrey A&E, Canada Ave, Redhill, RH1 5RH. A map showing directions is available at Registration.

## PLANNER'S NOTES and TERRAIN

Holmwood Common covers most of the area and is mainly deciduous woodland with dense areas of holly and lots of brambles. The courses have been planned to avoid the worst of these areas and you should not have much difficulty making progress. It is often easier to run in the woodland, as many of the paths are very muddy. There are gentle slopes, many areas of historic digging and shallow gullies relating to removal of small pockets of clay for local brick making. Some courses cross streams and after wet weather these can be wide but they have a stone base and can be easily crossed. There are currently lots of small waterlogged areas. Do not expect these areas to be marked on the map!

The longer courses cross Blackbrook Road and use private woodland in Scamells Grove. This area has not been previously used for orienteering. It has some mature coniferous plantation and is all generally very runnable.




**COURSES** have a high density of controls: take care and check your control codes when punching.

	Length (k)	Climb (m)	Controls	Maps	Technical Difficulty	Timed out road crossing
Brown	8.6	135	30	1	Difficult	Yes
Blue	6.9	110	24	1	Difficult	Yes
Green	4.2	80	21	1	Difficult	Yes
Short Green	3.7	60	17	1	Difficult	Yes
Light Green	3.3	60	13	1	Moderate	No road crossing
Orange	3.1	55	11	1	Moderate	No road crossing
Yellow	2.1	30	12	1	Easy	No road crossing
White	1.9	20	15	1	Very Easy	No road crossing

## WHITE and YELLOW COURSE

You may study your map, with overprinted course in the Start lane, before you begin your course.

## MAP scale 1:7500, 5m contours and other information

Map to ISOM 2017, surveyed 2016/17 by Charlie Turner. All maps A4 size and on waterproof paper with course details and control descriptions on the front. Please be aware that a brown  represents a platform. A green  is a root stock. A black  is a hide.

It has been difficult to grade runnability as this tends to change very gradually. Undergrowth screens are shown for significant areas of brambles/other undergrowth, which may also contain bracken. Bracken on its own is not included. In many locations on the edge of the 'white' runnability grading there is a very narrow strip of dense holly and this can usually be got through without much of a problem. Only rootstocks over 1.6m are mapped and sometimes these are in a cluster of smaller rootstocks. Small dot knolls are mostly very old rootstocks that have weathered down, have no attached tree trunk and many are low, only about 0.5m high.




## CONTROL DESCRIPTIONS

Control descriptions will be available in the start lanes and printed on the maps. The new ISOM2017 symbol set will not be used due to planning being too far advanced for change. Only one control is affected.

White, Yellow & Orange courses: Written and IOF pictorial descriptions

All other courses: IOF pictorial descriptions

The following symbols are used on the control descriptions:

-  Platform -charcoal burning ground
-  Root stock
-  Hide

## START AND START TIMES and SPORTident timing

It is a punching start for both SI and SIAC. During the course mixed traditional SI and contactless SIAC punching will be used. Controls will have back-up punches, if SI failure occurs at a control, use the clipper to punch the box on the right corner of your map.

The Start is from 10.00 to 12.30 and is a 1 km level walk from the main car park. Start times are not allocated. Turn up and go.

## SAFETY CHECK at START

Please clear your SI card as you arrive and you will be required to dib a 'check' box in the pre-start. This combined with the 'Start box' is our only record of who has entered the competition area and is used to confirm that all competitors are accounted for at the end of the event.

## FINISHES and SAFETY CHECK

There are two Finishes. White, Yellow, Orange and Light Green have their Finish close to the Start. The remaining courses have their Finish at a different location. See location map on the first page. The Finish is contactless for SIAC cards. **About 30m after the Finish there is a further check with a 'Safety Control', which must be used by both SI and SIAC cards.**

## CLOTHING DUMP

No clothing dump for Short Green, Green, Blue or Brown.

The White, Yellow, Orange and Light Green, pass close to their Finish on the way to the Start. Clothing may be left at an unsupervised clothing dump at your own risk. The distance from the clothing dump to the Start is 150m.

## COURSES CLOSE at 2.30pm

To avoid unnecessary search operation, **you must report to Download, even if you do not complete your course.**

## SAFETY

- **Orienteering is an adventure sport.** A comprehensive risk assessment for the event has been prepared and identified risks have been mitigated, however **please be aware that participants take part at their own risk and are responsible for their own safety during the event.** Parents are responsible for their children and advice is available on request about what courses may be suitable. Please report any accidents and injuries ON THE DAY at Enquiries.
- **Emergency:** All maps are overprinted with an organiser's telephone number that can be used in an emergency.
- **Clothing and whistle** - If weather is poor we may require you to wear a cagoule and carry a whistle. In an emergency to summon help: 6 short blasts, followed by a one minute break.
- **Forest hazards** -Please be careful of crossing streams/ditches, steep slopes, etc. that are on some courses.
- **Farm buildings and equipment:** In and around the farm buildings/car parking areas take care to avoid moving traffic and please observe all safety signs. Participants must not enter any barns/buildings not used by the event or climb on machinery or feed cattle.
- **Road Crossings to Start and from Finish:** The route to the Starts (all courses) and from the Finish for White, Yellow, Orange & Light Green crosses an unclassified road. Please cross with care and obey the marshal's instructions.
- **Road Crossings for Short Green, Green, Blue and Brown:** There are controls either side of an unclassified road crossing towards the end of each course. The crossing will not be marshalled. **The road crossing is fully timed out. THERE IS NO NEED TO RUSH. Cross the road with care.**
- **Using roads between controls is forbidden.**
- **Lost persons:** On Holmwood Common take a safety bearing South to Mill Road and then East to the Finish close to Fourwents Pond. From Scamells Grove head South-East to the Finish.
- **Ticks** - Could be present in the area but with a low likelihood at this time of year. Check over your whole body after competing and again over the next few days, removing any (recommend using an O'Tom tick Twister tool) without delay. If bites develop a rash or become inflamed, obtain medical advice. Tick bites could be a source of Lyme disease.

## DOGS

Not allowed - the car park is part of a working cattle farm.

## OUT OF BOUNDS

There are a small number of OOB areas on the map and many housing settlements – please do not enter these areas.

## ASH DIEBACK PRECAUTIONS

Please arrive with all kit cleaned following use at any previous orienteering event, as per *British Orienteering* guidelines on Ash Dieback precautions.

## RESULTS

Theses will be available after the event on our website [www.slow.org.uk](http://www.slow.org.uk)

## PERSONAL DATA

The **personal data** you give will be used by the event organisers and their agents only for the purpose of processing and publishing the event entries and results, for conducting safety checks and to validate *British Orienteering* insurance cover.

## INSURANCE

Please note that **if you have competed in three orienteering events** registered with *British Orienteering* and **not joined an orienteering club** which is a member of *British Orienteering*, **you are not covered by our public liability insurance.** If you are not a *British Orienteering* member, for insurance purposes please leave your contact details with the entry team.

## OFFICIALS

Organiser: Teresa Turner (SLOW) 01306 711201 [teresa@slow.org](mailto:teresa@slow.org)

SPORTident: Gordon Parker (SLOW) Planner : Charlie Turner (SLOW) ) Controller: David Dawson (DFOK)

## ACKNOWLEDGEMENTS

**Without these people, this event would not be possible :**

Rob Adam of The National Trust

David Lloyd of The Friends of Holmwood Common

Mr & Mrs Butcher for use of Scamells Grove

David Ingham for use of woodland adjoining Scamells Grove

Edward Ford of Lodge Farm for the parking areas

**CANCELLATION OR LAST MINUTE CHANGES** Check website [www.slow.org.uk](http://www.slow.org.uk) prior to travelling **in case of any last minute changes.** In the event of cancellation some or all of your entry fee may be retained to cover costs already incurred.