

# London City Race 2025 – Sept 20<sup>th</sup>

## Information for SLOW volunteers

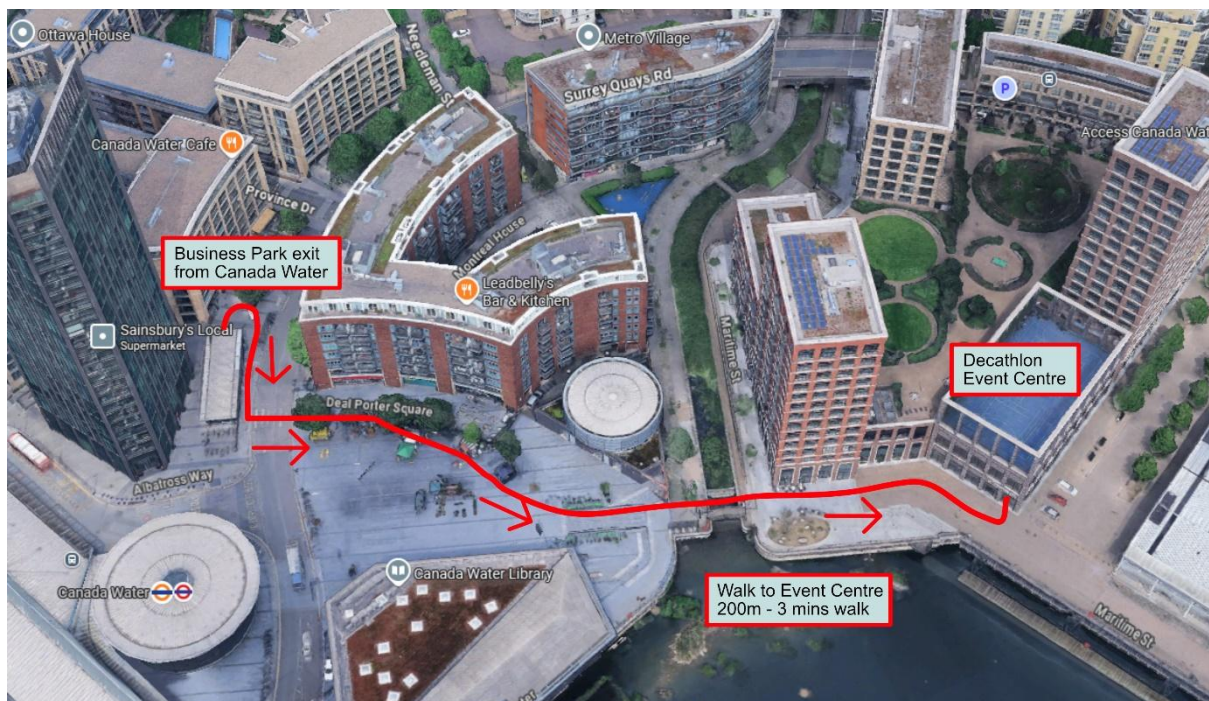
**Volunteer list and job allocations:** [LCR2025-helpers - Google Sheets](#)

**SLOW Event page:** [London City Race 2025 – South London Orienteers](#)

**Race entry:** [SiEntries - London City Races 2025](#) Use voucher code **LCRRVOL25** (Saturday race only)

**Travel:** [LCR25 - Travel.pdf](#) Please use public transport. Canada Water station is only 3 mins walk to the event centre at Decathlon.

**Event Centre:** Decathlon, 9 Maritime St, London SE16 7FU W3W: ///wash.ties.tape



### Event centre activities pre-race

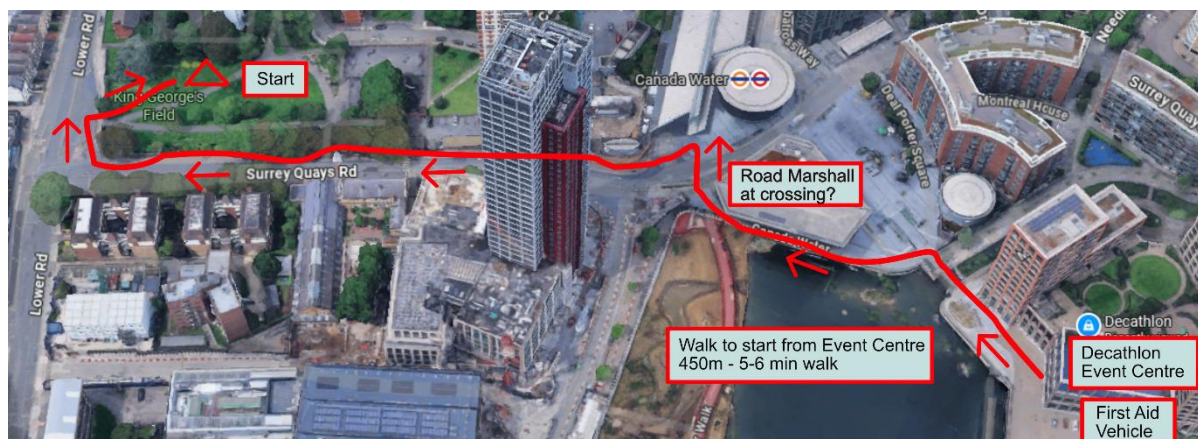
All competitors are directed up the escalator on the left up to the first floor. All competitors collect 2 race bibs, front and back, and safety pins. Some competitors visit SI hire to collect SI dibber. Competitors can change upstairs (there is no changing area) and leave their kit (at their own risk). Toilets are in the basement. There is a new café on the first floor. Competitors turn right out of the main door and are directed to follow red tapes to the start.

Helper outside main door welcoming competitors and directing up the escalator to collect bibs and SI card (if hiring). Direct competitors to follow tapes towards the start. Distance is 450m, only 5- or 6-mins walking.

## Control hanging and collection

The planner, Gordon Parker (07711 771217) will give instructions for meeting (7am start) hanging and collecting controls to this team.

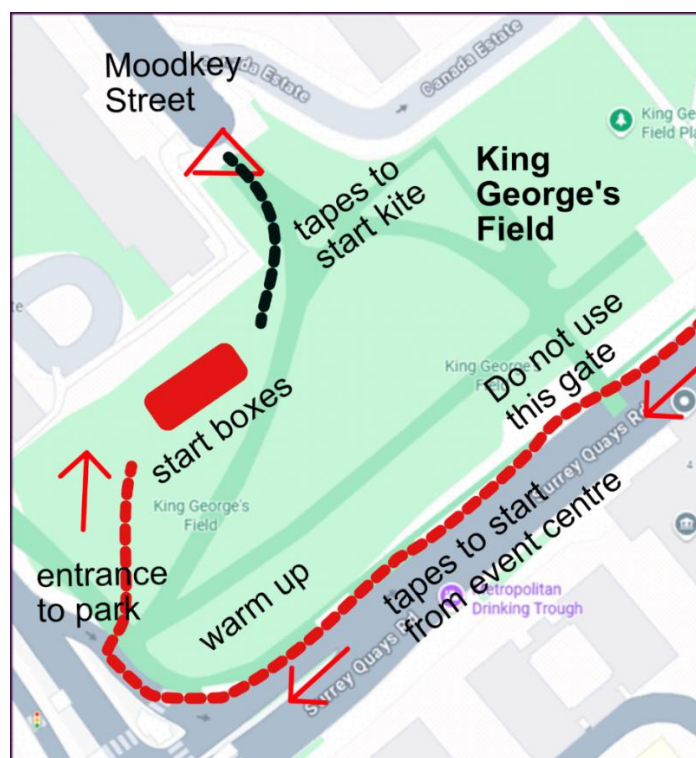
## Route to start



Walk to start is taped. Helpers taping to start meet Andrew Trimble at Decathlon main door at 08:30 to collect tapes and signs.

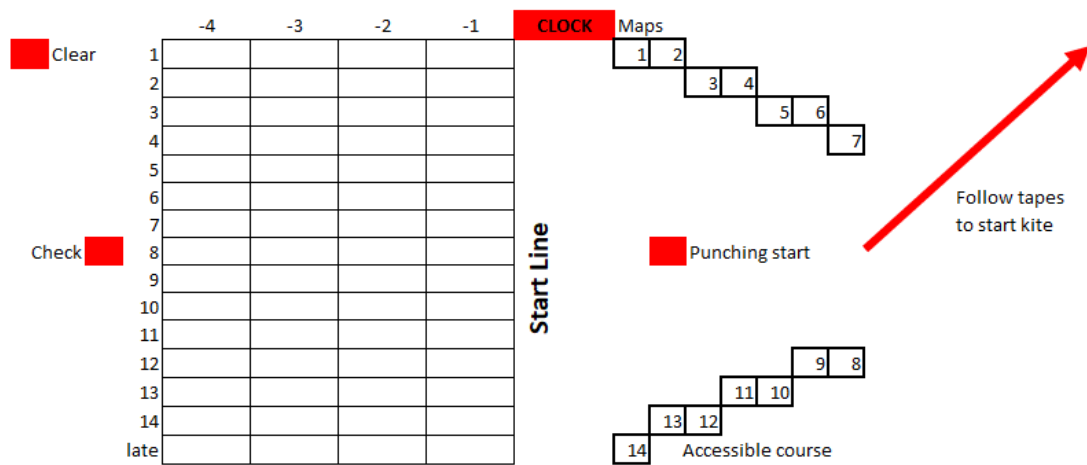
We have a marshal at the pedestrian crossing outside Canada Water station to direct competitors to cross the road at the pedestrian lights and then turn left along Surrey Quays Road. Distance is 450m, only 5 or 6 mins walking.

Start is in **King George's Field**. Start boxes are west of the path, facing Northeast. Andrew Trimble will bring the start equipment to Moodkey street gate to meet start team at 09.00.





Start layout – 4 minute boxes in 14 lanes – clocks on low volume / off

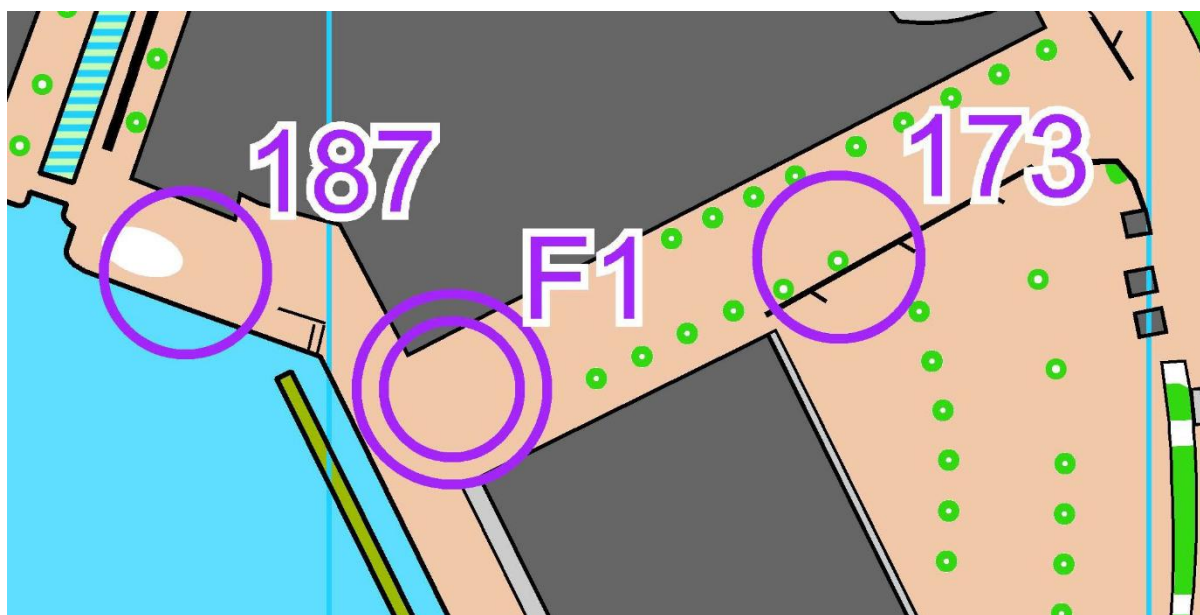


**CLOCK** **Clear** **SIAC battery check**

Start control out of sight from start line, on the gate at northern exit of park into Moodkey Street.  
Tell competitors to follow tapes to start kite. We may move to SIAC battery check to Decathlon exit.



## Finish – outside Decathlon



Finish team meet Gordon Parker in Decathlon at SI Hire (1<sup>st</sup> floor) to collect finish equipment at about 09:45.

Helper at finish to report any course issues to planner, Gordon Parker, 07711 771217 and direct competitors to download. There will be a first aid person at the finish to deal with any injuries. Helpers to ensure that **junior, children and accessible course competitors** can get to the finish from control 187. All other competitors come from control 173.

### Bibs

For all entries received before 9am on Monday 15 September 2024 bibs will be in alphabetical order (strung up near SI hire) and populated with name, course, class and start time. Make sure competitors collect two bibs for each runner. There will be a large box of safety pins. Remind competitors bibs **MUST** be worn front and back.

For all entries received after this time bibs will be in numerical order and will not be populated with any information – we may be able to provide a list of late entries if competitors don't know their race number.

### Event centre activities post-race

All competitors return to 1<sup>st</sup> floor to download and return any loan SI cards. There are toilets in the basement (queues may need monitoring) and a café on 1<sup>st</sup> floor. There are also cafes on the walk back to the station. Prize giving on a podium at about 2pm.

Some help with clearing up rubbish at the end would be appreciated; we will have some black bags.

Andrew Trimble

Organiser

[Andrew.trimble@blueyonder.co.uk](mailto:Andrew.trimble@blueyonder.co.uk)

07958464616

Planner: Gordon Parker 07711 771217

Controller: Helen Marsden (HH)

Weekend coordinator: Alan Leakey