

# South London Orienteers Sunday 10<sup>th</sup> Nov 2024 Hankley Common National Level Event; OK Nuts Trophy; South East League and Chris Morris Memorial Event

# **Final Details**

6 miles south west of Godalming. Parking on Hankley Common. LOCATION DIRECTIONS Parking will be signposted from the "S" bend in Thursley Road – The road into the DZ Huts is a left hand turn on this bend as you go north on Thursley Road. Postcode: GU8 6LW OS Grid ref: SU896406 What3words: ///splints.unfair.pavement Roads around Elstead will be closed for Remembrance Sunday – ONLY approach the event from Thursley • Public Transport – trains run to Godalming, Haslemere or Farnham stations from Waterloo. See www.southwesternrailway.com for timetables. Unfortunately, you will need to cycle or arrange a lift from here to the event or get a taxi – it is about 7 miles from Godalming or 8 miles from Farnham station to the event. At the DZ Huts - Postcode: GU8 6LL OS Grid ref: SU887411 What3words: ///yelled.gardens.dish **CAR PARKING** Follow the track to car parking from the S bend in Thursley Road and park as directed. Parking is mainly on hard standing around military buildings. Take care and drive slowly as the access into the car parking areas is shared with other users of the area and with military personnel who are sharing the area with us. Also, there are quite a few potholes so please drive slowly. DOGS As part of the license to use this area, dogs are **not** allowed to be at this event.

FACILITIES Enquiries, Dibber Hire/Collection Key Drop Download Toilets – Portaloos in car park area First Aid Traders – Tom's Food Wagon

TIMINGS	Parking:	08:30 - 16:00	Enquiries:	09:00 - 14:30		
	Hired SIAC Collection:	09:00 - 12:00	Start Times:	10:00 - 12:00		
	Courses Close:	14:30	Prize Giving:	14:00		
	All competitors to be clear of the parking area by 10:00 to enable the area to be handed head t					

All competitors to be clear of the parking area by 16:00 to enable the area to be handed back to the military.

#### LATE ENTRIES

Please enter via SiEntries - <u>https://www.sientries.co.uk/event.php?event\_id=14439</u> – entries will be available until the event and on the day until 11:45, subject to map availability.

**British Orienteering members** Non members of British Orienteering SPORTident SIAC hire £2.00 Lost SPORTident SIAC £70

Seniors £19	Young Adult £12	Juniors £8
Seniors £21	Young Adult £14	Juniors £8

#### **NEWCOMERS / CLOTHING**

Please come with clothing suitable for walking/running around a wood, especially if it is wet and cold. Full leg cover protection is required but you may wear short sleeved tops When you arrive at the event go to Registration and a SLOW club member will be on hand to answer your questions and help you get started.

#### **COURTESY TO OTHERS**

Hankley Common is a military area which is very popular with other users. Please be considerate to dog owners, horse riders, mountain bikers, walkers, etc. Please also note that a military group will be carrying out fitness training in the area but should not impact you.

#### LONE RUNNERS

If you have travelled alone, please leave at Enquiries your Vehicle registration and ICE (In Case of Emergency) contact details.

## Hankley Common Final Details - continued

#### **MEDICAL CONDITIONS**

If you have a significant medical condition, we recommend you download and complete the medical form from British Orienteering: <u>https://www.britishorienteering.org.uk/images/uploaded/downloads/officials\_handbook\_safety\_firstaid\_medical\_form\_280514.doc</u> and place it in a sealed envelope with your name on the outside and leave it at Enquiries. Envelopes will only be opened if required for a medical emergency and unopened envelopes will be destroyed immediately after the event.

#### **FIRST AID**

First Aid is provided by First Aid Cover and will be located near Enquiries. The nearest A & E Hospital is Royal Surrey A&E, Egerton Rd, Guildford GU2 7XX. A map showing directions is available at Registration.

#### TOILETS

There are 5 Portaloos located in the car park alongside the fence surrounding the DZ Huts.

#### PLANNER'S NOTES and TERRAIN

Hankley Common has always been a favourite area of mine, with its dramatic open 'bowl' in the centre and its stands of open pinewood on sandy subsoil reminiscent of the sand dune woods of the Moray coast (albeit without the complex contour detail). And now, Hankley is at a historic high point in terms of runnability, after a fire in 2022 across the bowl and to the north. Most of the open land mapped as bright yellow only has a thin carpet of ground cover, so I've been able to plan legs in these areas that I hope will offer competitors the option of running straight. Most of the woodland mapped white is also very runnable; a few blocks still have some fairly dense bracken and there is some hurtberry and heather undergrowth in the woods on the ridge at the very south of the map.

The rough open or semi-wooded land mapped as pale yellow is slower going. It is mainly heather or tussock, generally below knee height. Gorse and young trees are growing quickly in some places; where this is in the vicinity of a control, the map has been updated. In general, green shading should not be relied on for fine navigation unless it is bordered by a vegetation boundary.

The seasonal marshes in the bowl have been dry all summer and are just starting to get wet. There are patches where you'll get wet feet but you'll be able to find your way across.

The courses have been planned to make the most of the enhanced runnability. They are towards the upper end of the planning guidelines for length and I hope you enjoy competing on them as much as I've enjoyed planning them!

	Length (km)	Climb (m)	Controls	Map size
Black	13.4	395	24	A3 – double sided
Brown	11.2	330	21	A3 – double sided
Short Brown	9.4	290	20	A3
Blue	7.3	235	18	A3
Short Blue	6.1	200	15	A3
Green	4.9	155	12	A3
Short Green	4.1	145	12	A3
Light Green	4.1	145	12	A3
Very Short Green	3.5	95	12	A3
Orange	3.3	90	11	A3
Yellow	2.5	75	10	A3
White	1.6	25	12	A3

#### WHITE and YELLOW COURSES

Your maps will be available before the start grid system. Descriptions on these maps are both text and pictorial. On the White course there will be tapes marking the route between controls 3 and 4.

#### MAP scale 1:10000, 5m contours and other information

The map has had minor updates in Autumn 2024 by Andy Jones to the previously updated map by RLM Maps in 2022/2023 based on the Peel Land Surveys map of 2019. All maps on waterproof paper with course details and control descriptions on the front. There is no legend on the map. If you require a legend some will be available at Enquiries. All courses will have A3 portrait maps.

## Hankley Common Final Details - continued

#### CONTROL DESCRIPTIONS

Control descriptions will be available in the start lanes and printed on the maps. White and Yellow courses: Written and IOF pictorial description

All other courses:

Written and IOF pictorial descriptions IOF pictorial descriptions

#### SPECIAL SYMBOLS

The following special symbols are used on the control descriptions and map:

x - Hide

#### START AND START TIMES

Start times are available on SiEntries here: <u>https://www.sientries.co.uk/list.php?event\_id=14439</u>

It is a punching start for both SI and SIAC.

The start times are from 10.00 to 12.00 but with no start times between 11:00 and 11:04 inclusive. This is to allow for a minute's silence at the start at 11:00 for Remembrance Day. Please respect this given we have the privilege of using military land today.

The start is 200m level walk south west of the main car park – a Start flag will be setup to the left of the DZ huts compound to highlight the direction from the car park.. If you are late for your start time, you will be started at the next available start. Please note you may need to wait a while depending how busy your course is.

Call up will be at -4 minutes. A "Check" box will be in the -4 box – please make sure to punch it. Loose control descriptions will be in -3 and for those using a SIAC, a SIAC Test box which you can wave your SIAC over to prove it is turned on. In -2 there will be a blank map of the area.

There is a taped route between the start boxes and the start kite.

#### **ON THE COURSE**

Controls are set up for both traditional and contactless SIAC punching and have a backup punch in case of failure, If your SIAC does not beep or flash at a control, then dib it as your battery may have failed.

#### FINISH

The finish is 350m from download and the carpark. The Finish is contactless for SIAC cards. Please follow the tapes to the safety check control and all competitors, including SIAC users, must dib this control. Please then follow the tapes directly to the Download Tent to download your SI/SIAC before going to your car.

#### YOU MUST DOWNLOAD.

#### **COURSES CLOSE at 14:30**

To avoid any unnecessary search operation, you must report to download, even if you do not complete your course.

#### PRIZE GIVING

Prize giving will take place as early as possible, likely by 14:00 but no later than 14:30 for the following:

Men's Open – 1<sup>st</sup> on the Black Course

Women's Open –  $1^{st}$  Women on the Brown Course

Best M16- Junior – 1<sup>st</sup> M16- on Blue course

Best W16- Junior –  $\mathbf{1}^{st}$  on Short Blue Course

The prizes will be non-returnable functional trophies for the OK Nuts and in memory of Chris Morris, a founder of SLOW who passed earlier this year. A Tribute to Chris Morris can be found on the SLOW website here - <u>https://slow.org.uk/clubnews/chris-morris-a-tribute/</u>

#### SAFETY

- Orienteering is an adventure sport. A comprehensive risk assessment for the event has been prepared and identified risks have been mitigated, however please be aware that participants take part at their own risk and are responsible for their own safety during the event. Parents are responsible for their children and advice is available on request about what courses may be suitable. Please report any accidents and injuries ON THE DAY at Enquiries.
- Beware Hankley Common is a military area. You must not touch any military equipment or ordnance you may find on the area.
- **Emergency:** All maps are overprinted with a safety phone number that can be used in an emergency.

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- **Clothing and whistle** If the weather is poor, we may require you to wear a cagoule and carry a whistle. In an emergency to summon help: 6 short blasts, followed by a one-minute break.
- Forest hazards Some gullies on slopes are steep-sided, please take care. There are mountain bike tracks on some of the steeper slopes, please look uphill before crossing them and be aware of the potential risk of running along them.
- Black, Brown and Short Brown Courses cross the vehicle entry / exit track. Please take care when crossing.
- **Ticks** Could be present in the area but with a low likelihood at this time of year. Check over your whole body after competing and again over the next few days, removing any (recommend using an O'Tom Tick Twister tool) without delay. If bites develop a rash or become inflamed, obtain medical advice. Tick bites could be a source of Lyme disease.

#### SAFETY BEARING

East until you reach the Thursley Road; then North east along Thursley Road to the S bend for the entrance to the car park – follow signs back to the car park.

#### STRING COURSE

We are sorry but we are unable to provide a string course.

#### OUT OF BOUNDS (OOB)

There are areas of OOB on the map shown by the olive green and/or the purple hatching symbols - please do not enter these areas.

#### ASH DIEBACK PRECAUTIONS

Please arrive with all kit cleaned following use at any previous orienteering event, as per *British Orienteering* guidelines on Ash Dieback precautions.

#### RESULTS

These will be available after the event on our website <u>www.slow.org.uk.</u> Live results will be available at the event on this website: <u>https://www.sportident.co.uk/results/SLOW/2024/HankleyCommon/</u> or by clicking this QR Code:



#### PERSONAL DATA

The **personal data** you give will be used by the event organisers and their agents only for the purpose of processing and publishing the event entries and results, for conducting safety checks and to validate *British Orienteering* insurance cover.

#### **COVID PREVENTION**

Please adhere to the British Orienteering Code of Conduct: <u>https://www.britishorienteering.org.uk/COVID19\_Safe\_orienteering</u> and do not attend the event if suffering from COVID. A full refund will be available to you in such circumstances.

#### PHOTOGRAPHY AND SAFEGUARDING

Parents / responsible adults are expected to warn children and take responsibility.

Photography is not allowed in the toilets or in the car park

Any concerns with photography or the behaviour of anyone toward any child or vulnerable adult must be reported to the event organizer.

**CANCELLATION OR LAST MINUTE CHANGES** Check website <u>www.slow.org.uk</u> prior to travelling in case of any last minute changes. In the event of cancellation by us a refund of your entry fee net of the entry system fee will be made.

#### OFFICIALS

Organiser: Gordon Parker SLOW 07711771217; equipment@slow.org.uk Planner: Andy Jones SLOW Controller: Sue Crickmore SO

#### We hope you have a great event.