

HANKLEY AND ELSTEAD BLOOD RACES
FOR THE OK NUTS TROPHY

29TH DECEMBER 2013

FINAL DETAILS



- Parking:** Dropping Zone Huts in the middle of Hankley Common. Hard-standing. No charge.
- Directions:** Signed from the minor road south of Elstead at the bend at SU896406.
- Facilities:** Ultrasport, Tom's Burger Van and St John Ambulance will all be present. The toilets inside the Huts are the "Gents" as they have urinals; the "Ladies" will be the two Portaloo's outside. There are likely to be other Portaloo's left around by the Army, but we offer no guarantees as to their condition.
- Registration:** Open from 9.30am till 12.00pm
EOD (subject to map availability). EOD forms available inside the huts.
The three longest courses are the "Blood Races", i.e. mass start with gaffling. The other five courses use a normal one minute start interval.

Course	Classes	Length	Climb*	Controls
Full Blood	M20, M21, M35, M40	15.0km [†]		30
Half Blood	M18, M45, M50, W20, W21, W35,	11.4km [†]		26
Very Nearly an Armful	M16, M55, M60, W18, W40, W45, W50	6.9km		17
Green	M65, M70, W16, W55, W60	4.9km		15
Short Green	M14, M75+, W14, W65+	3.6km		11
Orange	M12, W12	3.1km		10
Yellow	M10, W10	1.8km		9
White		1.1km		9

* we didn't get round to adding up the climb. On Hankley expect about 2-3% and Elstead is close to dead flat

[†] includes 1.6km of taped route between the maps – 800m each way.

- String Course:** There is a free string course, 5 minutes walk from the car park.
- Maps:** All courses 1:10,000, 5m contour interval. All maps are waterproof and A4 size. To achieve that size the only ones with a legend are those for the 3 shortest courses and the Elstead map. No non-standard symbols are used. A3 maps with a full legend can be viewed at registration
- Control descriptions:** Control descriptions will be printed on the front of the map. For the Blood Races there are no loose descriptions. For other courses they will be available in the start lanes.
- Starts:** There are two starts. The Red Start is for the Blood Races and is 250m from and 25m above the Huts. The Green Start is for the Green and shorter courses and is only 100m from the Huts.
- Start times:** Blood Races. Full Blood at 10:15, Half Blood at 10:30, Very Nearly an Armful at 10:45.
Green – White. 10:00-12:15. No allocated times. Just turn up and queue.
- Road Crossing:** Only the Full Blood and Half Blood courses cross a road. This is the road between the two maps and is about halfway along the taped route; it is straight at this point and so traffic will be moving quite fast, but visibility is good. It will be marshaled, but there is no time-out. The map exchange takes place there and drinks will be available.
- Finish:** The finish is close to the car park. Courses close at 2:30pm. Provisional results will be displayed on the day, thereafter on our website <http://sloweb.org.uk/>
- Ash dieback disease:** British Orienteering advice regarding washing your own equipment at home before and after the event is strongly recommended.
- Prizegiving:** is at 1:45pm and is for trophy winners and 1st on each age class (see class/ courses table above).
- Officials:** Planner: Andy Jones, SLOW
Controller: Brian Pilling, SN
Organiser: Dmitry Adamski, SLOW
Any queries to [oknuts \[at\] sloweb.org.uk](mailto:oknuts@sloweb.org.uk)

COMPETITORS TAKE PART AT THEIR OWN RISK AND ARE RESPONSIBLE FOR THEIR OWN SAFETY