November 19, 2022 RESULTS

M18 4.12km 55m

Pos	Name	Club	Age Class	Time	Behind
1st	Tommy Rollins	SN	M16	28:24	

November 19, 2022 RESULTS

M20-M40 5.9km 80m

Pos	Name	Club	Age Class	Time	Behind
1st	Oliver Williams	SPOOK	M21	35:10	
2nd	Tsz Chun Jason Won	SLOW	M21	36:58	+1:48
3rd	Tom Davies	SLOW	M40	37:36	+2:26
4th	Liam Marsh	SO	M21	41:05	+5:55
5th	Ciaran Allen		M21	43:54	+8:44
6th	Peter Daplyn	SN	M40	44:27	+9:17
7th	Edward Lines	SO	M21	48:12	+13:02
8th	Tom Dalton	SLOW	M35	53:06	+17:56
9th	Kieran Marsh	SLOW	M21	54:30	+19:20
10th	James Leech		M21	55:03	+19:53
11th	Todd Fallesen	SLOW	M40	59:34	+24:24
12th	Joshua Ho Kiu Au	SLOW	M18	60:11	+25:01
13th	Daniel Figg	HH	M21	66:54	+31:44
14th	Christopher Waite		M21	73:17	+38:07
15th	Samuel Rose	MV	M21	80:11	+45:01
16th	Michael Tsang	WSX	M21	95:09	+59:59
17th	Matthew Ironside	HH	M35	97:52	+62:42
	Yordan Kolev	SLOW	M35	m7	

November 19, 2022 RESULTS

M45-M50 5.9km 80m

Pos	Name	Club	Age Class	Time	Behind
1st	Juraj Hammer	IND	M45	37:10	
2nd	Tuomas Tala	TVOC	M50	37:48	+0:38
3rd	Jevgenijs Petrovs	SLOW	M45	41:07	+3:57
4th	Matthias Mahr	SLOW	M45	42:42	+5:32
5th	Richard Lloyd	LOK	M50	43:36	+6:26
6th	Paul Todd	LOK	M45	49:36	+12:26
7th	Garry Greenstreet	SO	M45	50:27	+13:17
8th	Marc Ebanks	SN	M50	52:25	+15:15
9th	Jacob Stevens	CHIG	M45	60:56	+23:46
10th	Bo Oqvist	ВКО	M50	64:08	+26:58
11th	Richard Powell	WAOC	M45	65:07	+27:57
12th	David Float	HAVOC	M50	74:07	+36:57
13th	Kieran Macdonell	SLOW	M45	82:34	+45:24

November 19, 2022 RESULTS

M55-M60 4.12km 55m

Pos	Name	Club	Age Class	Time	Behind
1st	Roger Thetford	TVOC	M60	33:45	
2nd	Peter Chapman	SO	M55	35:37	+1:52
3rd	Robert Lines	SO	M55	37:27	+3:42
4th	Neil Speers	DFOK	M55	41:45	+8:00
5th	Ronan Cleary	LOK	M60	43:52	+10:07
6th	Peter Huzan	SLOW	M55	44:00	+10:15
7th	Robin Bishop	TVOC	M55	45:33	+11:48
8th	Simon Errington	HH	M55	46:07	+12:22
9th	Gordon Parker	SLOW	M55	49:14	+15:29
10th	Chris Evans	SLOW	M55	63:22	+29:37
11th	Andrew Pitcher	DFOK	M55	68:49	+35:04
	Charlie Beck	SN	M60	m8-12	

November 19, 2022 RESULTS

M65-M75 3.22km 40m

Pos	Name	Club	Age Class	Time	Behind
1st	Ian Ditchfield	MV	M65	24:43	
2nd	Alan Rosen	НН	M65	27:25	+2:42
3rd	Simon Greenwoo	SAX	M65	31:34	+6:51
4th	Mark Glaisher	SAX	M70	32:14	+7:31
5th	Alan Wallis	SN	M65	34:44	+10:01

November 19, 2022 RESULTS

M80+ 3.22km 40m

Pos	Name	Club	Age Class	Time	Behind
1st	Roger Maher	SO	M80	57:13	

November 19, 2022 RESULTS

W20-W40 4.12km 55m

Pos	Name	Club	Age Class	Time	Behind
1st	Sarah Rollins	SN	W45	27:09	
2nd	Carolyn Hindle	FVO	W21	38:25	+11:16
3rd	Eloise Lardet	FVO	W21	49:38	+22:29
4th	Sarah Scarbrough	MV	W40	49:45	+22:36
5th	Clare Lonergan	SLOW	W40	53:35	+26:26
6th	Iris Lueke	SLOW	W45	58:01	+30:52
7th	Fiona Tam	SLOW	W21	59:45	+32:36
8th	Vinh-Phuong Hoang	SLOW	W21	70:15	+43:06

November 19, 2022 RESULTS

W45-W50 4.12km 55m

Pos	Name	Club	Age Class	Time	Behind
1st	Anna Chapman	SO	W45	41:47	
2nd	Lulu Williams	SLOW	W50	49:53	+8:06
3rd	Sarah Francis	SN	W50	57:29	+15:42

November 19, 2022 RESULTS

W55-W60 3.22km 40m

Pos	Name	Club	Age Class	Time	Behind
1st	Sarah Howes	SAX	W60	32:53	
2nd	Dorte Torpe Hansen	SLOW	W55	33:59	+1:06
3rd	Julie Cleary	LOK	W55	40:40	+7:47
4th	Helen Errington	HH	W60	41:53	+9:00
5th	Steve Goodrum	SN	M55	85:55	+53:02

November 19, 2022 RESULTS

W65-W75 3.22km 40m

Pos	Name	Club	Age Class	Time	Behind
1st	Janet Rosen	HH	W65	36:37	

November 19, 2022 RESULTS

Course 2 Other 4.12km 55m

Pos	Name	Club	Age Class	Time	Behind
1st	Jon Paton	SN	M60	41:55	
2nd	Lucy Paton	SN	W60	50:53	+8:58
3rd	Martha Paton	SN	W21	58:56	+17:01
4th	Fiona Clough	вко	W60	64:53	+22:58

November 19, 2022 RESULTS

Course 3 Other 3.22km 40m

Pos	Name	Club	Age Class	Time	Behind
1st	Charlotte Lovegrove	SN	W14	45:08	