January 20, 2024 RESULTS

MU23

Pos	No.	Name	Club	Cat	Time	Behind	
1st	298	Luke Pettit	Brighton Phoenix	MU23	00:56:08		
2nd	179	Joseph Thompson	Barts	MU23	01:06:06	+00:09:58	
3rd	212	Walter Buttery	Barts and The London Running Club	MU23	01:08:10	+00:12:02	

January 20, 2024 RESULTS

MSEN

MS	ΕN					
Pos	No.	Name	Club	Cat	Time	Behind
1st	41	Maximilian Nicholls	Kent AC	MSEN	00:48:54	
2nd	230	Joseph Morwood	St George's Hospital AC	MSEN	00:50:16	+00:01:22
3rd	120	Matthieu Marshall	Headington Road Runners	MSEN	00:52:12	+00:03:18
4th	194	Fred Smithers	Serpentine Running Club	MSEN	00:52:41	+00:03:47
5th	237	James Hoad	Thames Hare and Hounds	MSEN	00:52:44	+00:03:50
6th	203	Max Wainwright	Matlock AC	MSEN	00:53:28	+00:04:34
7th	228	Thomas Wright	Bexley AC	MSEN	00:53:44	+00:04:50
8th	169	Thomas Brooke	Cambridge Harriers	MSEN	00:54:19	+00:05:25
9th	268	Luke Piper	Brighton Phoenix	MSEN	00:56:22	+00:07:28
10th	111	Tom Dobra	Thames Valley Orienteering Club	MSEN	00:56:34	+00:07:40
11th	25	Ross Macdonald	Ranelagh Harriers	MSEN	00:56:57	+00:08:03
12th	199	Matt Poole		MSEN	00:58:10	+00:09:16
13th	271	James Brown	St George's Hospital AC	MSEN	01:00:58	+00:12:04
14th	11	Sebastian Slater	Dark Peak Fell Runners	MSEN	01:01:06	+00:12:12
15th	165	Carl Assmundson	Victoria Park Harriers & Tower Hamlets AC	MSEN	01:01:19	+00:12:25
16th	83	Daniel Reynolds	Wimbledon Windmilers	MSEN	01:01:20	+00:12:26
17th	141	Joe Killip	Ranelagh Harriers	MSEN	01:01:25	+00:12:31
18th	238	Anisse Ismaili	Thames Hare and Hounds	MSEN	01:01:50	+00:12:56
19th	186	Jon Phillips	Dulwich Runners AC	MSEN	01:01:55	+00:13:01
20th	63	Matt Mason	Horsham Joggers	MSEN	01:02:28	+00:13:34
21st	310	Jay Hillier		MSEN	01:02:37	+00:13:43
22nd	130	Harry Madgwick Lawton	Striders of Croydon	MSEN	01:02:44	+00:13:50
23rd	214	-	Thames Hare and Hounds	MSEN	01:03:13	+00:14:19
24th	10	Himmy Lau	SLOW	MSEN	01:03:19	+00:14:25
25th	16	Philip Coales	Striders of Croydon	MSEN	01:03:23	+00:14:29
26th	216	Ben Stanton	Reigate Priory Athletics Club	MSEN	01:03:26	+00:14:32
27th	56	Ed Ballard	5	MSEN	01:04:08	+00:15:14
28th	22	Harry Bennett	Dulwich Runners AC	MSEN	01:04:28	+00:15:34
29th	207	Kevin O'Gallagher	Wimbledon Windmilers	MSEN	01:04:37	+00:15:43
30th	303	Mindaugas Lekaveckas	DFOK	MSEN	01:04:48	+00:15:54
31st		Yordan Kolev	SLOW	MSEN	01:05:38	+00:16:44
32nd	309	Edijs Veide	DC Vecsalacas United/ERR		01:05:55	+00:17:01
33rd		Thomas Crouch	Tring RC			+00:17:06
34th		Timothy Haughton	Fulham Running Club			+00:17:16
35th	213	Dimitar Gospodinov	Reading Roadrunners		01:06:19	+00:17:25
36th	99	Philip Whitehouse	Serpentine Running Club			+00:17:32
37th	3	Thomas Robertson	Horsham Joggers			+00:17:36
38th	74	Jonathan Bennett	Fulham Running Club		01:06:36	+00:17:42
39th	49	Isaac Griffiths	Crystal Palace Triathletes		01:06:44	+00:17:50
40th	215		Crystal Fuldes Friathletes		01:06:58	+00:18:04
41st	128	Jonathan Derrick	Bishops Stortford RC		01:07:08	+00:18:14
42nd	51	Owen Jowett	Bioliopo Cicitiora (Co		01:07:23	+00:18:29
43rd		Lee McCarthy			01:07:25	+00:18:31
44th	85	Lachie Fingland			01:07:29	+00:18:35
45th	176	_	Ashington Hirst Running Club		01:07:51	+00:18:57
46th	279		St George's Hospital AC		01:07:53	+00:18:59
47th	6	Matthew Luck	London City Runners		01:08:25	+00:19:31
48th	146	Jeremy Bernard	London Gity Numbers		01:08:46	+00:19:52
49th	231	Tim Fozzard	Fulham Running Club			+00:19:54
49th	52	Matt Pickles	Kidlington Running Club		01:09:28	+00:19:54
50th	28	Ryan Sutton	SLOW		01:09:28	+00:20:59
		•	SLO VV			+00:20:59
52nd	103	Elliot Kortenray		INIOEIN	01:10:10	±00.∠1.10

January 20, 2024 RESULTS

MSEN

Pos	No.	Name	Club	Cat	Time	Behind
53rd	9	Oliver Edwards	SHAEF Shifters	MSEN	01:10:21	+00:21:27
54th	153	Dominic Ashton	Runnymede Runners	MSEN	01:10:51	+00:21:57
55th	151	James Miller		MSEN	01:11:42	+00:22:48
56th	149	Ewan Burns	Sevenoaks AC	MSEN	01:11:47	+00:22:53
57th	72	Thomas Abbott	Brentwood Running Club	MSEN	01:11:57	+00:23:03
58th	36	Matthew Coudert		MSEN	01:12:01	+00:23:07
59th	110	Dexter Bushell		MSEN	01:12:42	+00:23:48
60th	221	Sam Lee-Gill	Richmond Canoe Club	MSEN	01:12:58	+00:24:04
61st	264	Dominic Hayward	Reigate Priory Athletics Club	MSEN	01:13:16	+00:24:22
62nd	53	William Linton		MSEN	01:13:33	+00:24:39
63rd	18	Graeme Hunter		MSEN	01:13:38	+00:24:44
64th	173	Alex Ribera-Edwards	Barts and The London Running Club	MSEN	01:13:52	+00:24:58
65th	285	Nicholas Evans	St George's Hospital AC	MSEN	01:15:11	+00:26:17
66th	217	Scott Duncan	Orion Harrier	MSEN	01:15:48	+00:26:54
67th	106	Chris Lawrence	SLOW	MSEN	01:16:26	+00:27:32
68th	1	Harry Mumford-Turner		MSEN	01:16:47	+00:27:53
69th	122	Jarryd Hillhouse	Best Athletics	MSEN	01:18:03	+00:29:09
70th	171	David Carter	Royston Runners	MSEN	01:19:03	+00:30:09
71st	291	Jeremy Knott	DRONGO	MSEN	01:19:40	+00:30:46
72nd	47	Tarbo Fukazawa	Cambridge Harriers	MSEN	01:19:42	+00:30:48
73rd	297	Matthew Long	London City Runners	MSEN	01:20:34	+00:31:40
74th	175	Ali Monteiro	Crystal Palace Fun Runners	MSEN	01:22:30	+00:33:36
75th	210	Chris Burns		MSEN	01:24:05	+00:35:11
76th	109	Eli Bellezza		MSEN	01:24:37	+00:35:43
77th	198	Sean Sullivan	West Anglia Orienteering Club	MSEN	01:27:53	+00:38:59
78th	159	Daniel McCarthy		MSEN	01:29:31	+00:40:37
79th	211	Dave Cahill		MSEN	01:30:42	+00:41:48
80th	160	Joe Batey		MSEN	01:35:57	+00:47:03
81st	13	Wonil Son		MSEN	02:12:12	+01:23:18

January 20, 2024 RESULTS

WH	J					
Pos	No.	Name	Club	Cat	Time	Behind
1st	93	Hugh Torry	Serpentine Running Club	M40	00:56:25	
2nd	167	James Macdonald	Cambridge Harriers	M40	00:56:29	+00:00:04
3rd	7	John O'Mahony	Cambridge Harriers	M40	01:00:23	+00:03:58
4th	154	James Riley	Ranelagh Harriers	M40	01:00:36	+00:04:11
5th	133	James Gillanders	Serpentine Running Club	M40	01:01:15	+00:04:50
6th	270	Ed Mawby		M40	01:01:21	+00:04:56
7th	118	Nicolas Besson	Serpentine Running Club	M40	01:02:30	+00:06:05
8th	252	Jon Ladley	Horsley Shufflers	M40	01:03:00	+00:06:35
9th	89	Geoff Smith	Cambridge Harriers	M40	01:03:40	+00:07:15
10th	38	Tom Davies	SLOW	M40	01:03:47	+00:07:22
11th	265	Neil Fenwick	Reigate Priory Athletics Club	M40	01:04:03	+00:07:38
12th	247	Alex Loftus	Dulwich Runners AC	M40	01:04:17	+00:07:52
13th	172	Mark Herbert	Ranelagh Harriers	M40	01:04:21	+00:07:56
14th	84	Zoltan Fodor		M40	01:04:23	+00:07:58
15th	178	Colin Trigg	Stubbington Green Runners	M40	01:04:45	+00:08:20
16th	44	Nick Bulloch		M40	01:04:51	+00:08:26
17th	209	Eugene Cross	Dulwich Runners AC	M40	01:05:02	+00:08:37
18th	239	Tom Raftery	Tring RC	M40	01:05:13	+00:08:48
19th	168	Martin Filer	Striders of Croydon	M40	01:05:23	+00:08:58
20th	20	Gareth Tomlinson	Wimbledon Windmilers	M40	01:05:24	+00:08:59
21st	119	Stephen Bass	Reigate Priory Athletics Club	M40	01:05:33	+00:09:08
22nd	19	Dan Horton	,	M40	01:05:45	+00:09:20
23rd	251	Ben Cameron	Fulham Running Club	M40	01:05:49	+00:09:24
24th	97	Tom Cumberlege	Crystal Palace Triathletes	M40	01:06:03	+00:09:38
25th	78	James Freeman	,	M40	01:06:16	+00:09:51
26th	100	Nicholas Cooper		M40	01:06:38	+00:10:13
27th	192	Will Longhurst	Cambridge Harriers	M40	01:06:39	+00:10:14
28th	4	Stephen Jones	J	M40	01:07:35	+00:11:10
29th	166	Mark Broad		M40	01:07:40	+00:11:15
30th	143	Leo Osborn		M40	01:08:41	+00:12:16
31st	249	Steven Harris		M40	01:09:59	+00:13:34
32nd	190	Stephen Jones	Crystal Palace Fun Runners	M40	01:11:05	+00:14:40
33rd	145	James Burton	, , , , , , , , , , , , , , , , , , , ,	M40	01:11:14	+00:14:49
34th	112	Martin Holt	Bexhill Hot Resort		01:11:17	+00:14:52
35th	81	Jeremy Greenwood	Reigate Priory Athletics Club	M40	01:11:58	+00:15:33
36th	227	Philip Reeves	Wimbledon Windmilers	M40	01:12:16	+00:15:51
37th	24	Jack Prosser	Richmond Canoe Club	M40	01:12:17	+00:15:52
38th	223	Stephen Kennefick	Striders of Croydon	M40	01:13:23	+00:16:58
39th	14	Thomas Walker	Richmond Canoe Club	M40		+00:17:10
40th	95	Will Abson	Richmond Canoe Club	M40	01:13:57	+00:17:32
41st	26	Giles Bennett	Thomas dance diab	M40	01:14:08	+00:17:43
42nd	258	Marcin Mazur	Crystal Palace Triathletes	M40	01:15:31	+00:19:06
43rd	67	Simon Webster	Striders of Croydon	M40	01:16:09	+00:19:44
44th	27	Chris Dyke	Croydon Harriers	M40	01:16:41	+00:20:16
45th	70	Martin Fitzsimons	Richmond Canoe Club	M40	01:16:56	+00:20:31
46th	195	John F O'Mahony	Striders of Croydon		01:18:10	+00:21:45
47th	307	Sujan Shrestha	Wimbledon Windmilers	M40	01:19:54	+00:23:29
48th	105	lan Emerson	Orion Harrier	M40	01:20:18	+00:23:53
49th	61	Trevor Ingram	Fulham Running Club	M40	01:20:18	+00:24:32
50th	40	Jon Payn	Reigate Priory Athletics Club	M40	01:21:31	+00:25:06
51st	202	Craig Howard	Hercules Wimbledon AC	M40	01:21:33	+00:25:08
52nd	170	James Bishop	Bexhill Hot Resort		01:21:55	+00:25:30
OZIIU	.,0	Carrioo Distrop	DOMINI FIOUR GOOM	14140	31.21.00	. 00.20.00

January 20, 2024 RESULTS

Pos	No.	Name	Club	Cat	Time	Behind
53rd	5	Nigel Davison		M40	01:23:53	+00:27:28
54th	138	Fredi Giliberti	Garden City Runners	M40	01:24:15	+00:27:50
55th	158	Graham Bailey		M40	01:24:19	+00:27:54
56th	103	Andy Walton		M40	01:25:19	+00:28:54
57th	299	Tom Newman	West 4 Harriers	M40	01:25:22	+00:28:57
58th	45	James Farthing	YDYR	M40	01:25:59	+00:29:34
59th	102	Chris Hutton		M40	01:26:48	+00:30:23
60th	87	Matthew Lawley		M40	01:32:14	+00:35:49
61st	191	Ricardo Motti	Ranelagh Harriers	M40	01:36:42	+00:40:17
62nd	82	Chris Taylor	SLOW	M40	01:40:11	+00:43:46
63rd	262	Alex Flockhart	Richmond Canoe Club	M40	02:31:21	+01:34:56

January 20, 2024 RESULTS

MOU		J					
	Pos	No.	Name	Club	Cat	Time	Behind
	1st	142	Robert Tansey	Keswick AC	M50	01:01:44	
	2nd	301	Andrew Reeves	Reigate Priory Athletics Club	M50	01:02:46	+00:01:02
	3rd	92	Mark Brown	Crystal Palace Triathletes	M50	01:04:14	+00:02:30
	4th	90	Chris Beecham	Highgate	M50	01:05:41	+00:03:57
	5th	132	James Wright		M50	01:05:46	+00:04:02
	6th	59	Fraser Dawson	Dorking & Mole Valley AC	M50	01:06:31	+00:04:47
	7th	246	Tony Psge	Reading Road Runners	M50	01:08:36	+00:06:52
	8th	129	Andy Perks	Striders of Croydon	M50	01:08:52	+00:07:08
	9th	60	Justin Siderfin	Dulwich Runners AC	M50	01:09:22	+00:07:38
	10th	126	Crazy Horse	Stubbington Green Runners	M50	01:09:26	+00:07:42
	11th	139	Jonathan Moscrop	Serpentine Running Club	M50	01:10:09	+00:08:25
	12th	121	Graeme Blair	Crystal Palace Triathletes	M50	01:10:24	+00:08:40
	13th	48	David Leithead		M50	01:10:29	+00:08:45
	14th	96	Iain Sheridan	Thames Hare and Hounds	M50	01:10:39	+00:08:55
	15th	305	James Mcfarlin		M50	01:11:55	+00:10:11
	16th	33	lan Helm	Cranleigh Runners	M50	01:12:54	+00:11:10
	17th	254	Simon Adams	Wimbledon Windmilers	M50	01:13:19	+00:11:35
	18th	71	Vaughan Ramsay	Ranelagh Harriers	M50	01:13:58	+00:12:14
	19th	79	Mark Foster		M50	01:15:43	+00:13:59
	20th	123	Michael Tothill		M50	01:16:04	+00:14:20
	21st	50	Ed Clark	Bexhill Hot Resort	M50	01:18:27	+00:16:43
	22nd	187	Stuart Williams	Crystal Palace Triathletes	M50	01:20:26	+00:18:42
	23rd	218	Robin Holmes		M50	01:22:27	+00:20:43
	24th	124	Simon Clarkson	SLOW	M50	01:22:42	+00:20:58
	25th	136	Tim Malpass	Deal Tri	M50	01:24:56	+00:23:12
	26th	226	Andrew Cook		M50	01:27:11	+00:25:27
	27th	35	Kenneth MacLeod	London Frontrunners	M50	01:28:18	+00:26:34
	28th	115	Ian Hews		M50	01:28:21	+00:26:37
	29th	77	Tim Wright		M50	01:28:45	+00:27:01
	30th	31	John Hobson	Ranelagh Harriers	M50	01:28:48	+00:27:04
	31st	88	Bruce Gardiner		M50	01:33:16	+00:31:32
	32nd	205	Charles Leonard	Wimbledon Windmilers	M50	01:33:22	+00:31:38
	33rd	182	Brian Povey		M50	01:33:28	+00:31:44
	34th	46	Martin Smith	YDYR	M50	01:34:55	+00:33:11

January 20, 2024 RESULTS

Pos	No.	Name	Club	Cat	Time	Behind
1st	152	Edmond Jackson	Ambleside AC	M60	01:05:07	
2nd	197	Alan Tilling	Spinney Trail Runners	M60	01:08:38	+00:03:31
3rd	162	lan Burks	Reigate Priory Athletics Club	M60	01:13:43	+00:08:36
4th	164	Hugh Balfour	Dulwich Runners AC	M60	01:16:06	+00:10:59
5th	68	Graham Maynard	Cambridge Harriers	M60	01:17:25	+00:12:18
6th	208	Steve Wickham	Bexhill Hot Resort	M60	01:22:15	+00:17:08
7th	69	Rick Ansell	Tring RC	M60	01:24:29	+00:19:22
8th	185	Michael Dooley		M60	01:24:41	+00:19:34
9th	135	Colin Jackson	Bexhill Hot Resort	M60	01:26:18	+00:21:11
10th	266	Paul Terrett	Tring RC	M60	01:30:56	+00:25:49

January 20, 2024 RESULTS

Pos No. Name		Name	Club	Cat	Time	Behind	
	1st	75	John Manning	Tring RC	M70	01:22:58	
	2nd	64	Mike Farmery	Thames Hare and Hounds	M70	01:32:18	+00:09:20

January 20, 2024 RESULTS

WU23

Pos	No.	Name	Club	Cat	Time	Behind	
1st	304	Poppy Wardley	Ambleside AC	WU23	01:06:48		
2nd	288	Katie McCarthy	St George's Hospital AC	WU23	01:22:07	+00:15:19	
3rd	286	Madelaine Parmar	St George's Hospital AC	WU23	01:22:08	+00:15:20	
4th	282	Amv Evans	St George's Hospital AC	WU23	01:31:29	+00:24:41	

January 20, 2024 RESULTS

WSEN

"	,					
Pos	No.	Name	Club	Cat	Time	Behind
1st	144	Suzy Whatmough	Ranelagh Harriers	WSEN	01:02:26	
2nd	287	Jennifer Nandi	St George's Hospital AC	WSEN	01:02:54	+00:00:28
3rd	116	Elizabeth Leason	Runnymede Runners	WSEN	01:03:17	+00:00:51
4th	274	Annie Soper	St George's Hospital AC	WSEN	01:07:45	+00:05:19
5th	113	Bryher Bowness	Clapham Chasers	WSEN	01:08:08	+00:05:42
6th	225	Jemima D'Arcy		WSEN	01:09:52	+00:07:26
7th	233	Sophie McKeeman	Fulham Running Club	WSEN	01:10:03	+00:07:37
8th	57	Eleanor Wainwright	Clapham Chasers	WSEN	01:10:33	+00:08:07
9th	66	Lizzie Broughton	Ranelagh Harriers	WSEN	01:10:56	+00:08:30
10th	62	Tilly Woods	Thames Valley Orienteering Club	WSEN	01:11:34	+00:09:08
11th	30	Frances Merry		WSEN	01:12:33	+00:10:07
12th	94	Victoria Crawford	Serpentine Running Club	WSEN	01:13:17	+00:10:51
13th	311	Annie Truong	Wimbledon Windmilers	WSEN	01:13:47	+00:11:21
14th	277	Hannah Carruthers	St George's Hospital AC	WSEN	01:13:58	+00:11:32
15th	15	Elly O'Connell	Richmond Canoe Club	WSEN	01:15:16	+00:12:50
16th	267	Claire Boynton	Wimbledon Windmilers	WSEN	01:17:01	+00:14:35
17th	43	Marian Elliot		WSEN	01:18:42	+00:16:16
18th	234	Izzy Mckeeman		WSEN	01:19:07	+00:16:41
19th	219	Charlotte Adamo	Barts and The London Running Club	WSEN	01:19:45	+00:17:19
20th	114	Jessica Chamberlain	London City Runners	WSEN	01:21:01	+00:18:35
21st	58	Jessica Davies	Thames Hare and Hounds	WSEN	01:21:17	+00:18:51
22nd	242	Nayana Jain	Barts and The London Running Club	WSEN	01:21:18	+00:18:52
23rd	235	Ellen Cameron		WSEN	01:22:10	+00:19:44
24th	148	Sally Bovill	Wimbledon Windmilers	WSEN	01:22:55	+00:20:29
25th	276	Niamh Healy	St George's Hospital AC	WSEN	01:23:32	+00:21:06
26th	302	Nia Brvan		WSEN	01:24:38	+00:22:12
27th	55	Aisling Murray	London City Runners	WSEN	01:24:39	+00:22:13
28th	134	Gemma Dracup		WSEN	01:25:20	+00:22:54
29th	86	Sarah Holland		WSEN	01:25:32	+00:23:06
30th	193	Sandra Arias		WSEN	01:26:51	+00:24:25
31st	280	Anna Gardner	St George's Hospital AC	WSEN	01:26:54	+00:24:28
32nd	177	Helen Rhodes	Royston Runners	WSEN	01:29:19	+00:26:53
33rd	284	Vanessa Mocanu	St George's Hospital AC	WSEN	01:30:40	+00:28:14
34th	306	Grace Mote	7Oaks Tri Club	WSEN	01:32:58	+00:30:32
35th	272	Victoria Foster	St George's Hospital AC	WSEN	01:33:24	+00:30:58
36th	150	Louisa Smith		WSEN	01:35:14	+00:32:48
37th	269	Amy Carter		WSEN	01:41:14	+00:38:48

January 20, 2024 RESULTS

W40

Pos	s No. Name		Club	Cat	Time	Behind
1st	76	Rebecca Di-Luzio	Calder Valley Fell Runners	W40	01:08:56	
2nd	131	Debbie Pinder	Horsley Shufflers	W40	01:10:43	+00:01:47
3rd	292	Ella Waddingham	Wimbledon Windmilers	W40	01:11:52	+00:02:56
4th	155	Sally Minchella	Ranelagh Harriers	W40	01:13:54	+00:04:58
5th	98	Katherine Elmore-Jones	Fulham Running Club	W40	01:15:05	+00:06:09
6th	263	Ally Whitlock	Striders of Croydon	W40	01:16:59	+00:08:03
7th	257	Andrea Stehlikova	Thames Hare and Hounds	W40	01:18:32	+00:09:36
8th	241	Laura Vincent	Dulwich Runners AC	W40	01:19:28	+00:10:32
9th	39	Nicola Adams	SLOW	W40	01:21:28	+00:12:32
10th	54	Clare Fowler	Ranelagh Harriers	W40	01:21:36	+00:12:40
11th	101	Tammy Caryer		W40	01:23:01	+00:14:05
12th	236	Gemma Halliday	Striders of Croydon	W40	01:30:59	+00:22:03
13th	201	Karen Beazeley	Springfield Striders	W40	01:42:15	+00:33:19

January 20, 2024 RESULTS

W50

Pos	No.	Name	Club	Cat	Time	Behind
1st	243	Charlotte Cutler	Wimbledon Windmilers	W50	01:07:18	
2nd	222	Maria Consuelo Kennefick	Striders of Croydon	W50	01:14:52	+00:07:34
3rd	180	Katherine Walker	Horsley Shufflers	W50	01:15:33	+00:08:15
4th	204	Alison Wainwright	Dark Peak Fell Runners	W50	01:16:36	+00:09:18
5th	80	Mary-Ann Foxwell		W50	01:22:29	+00:15:11
6th	17	Elaine Battson	Victoria Park Harriers and Tower Hamlets AC	W50	01:26:28	+00:19:10
7th	294	Karen Lyons	Orion Harrier	W50	01:30:36	+00:23:18
8th	137	Christina Saltmarsh		W50	01:39:49	+00:32:31
9th	281	Gemma Carruthers	St George's Hospital AC	W50	01:43:22	+00:36:04
10th	107	Jane McTaggart		W50	01:50:50	+00:43:32

January 20, 2024 RESULTS

W60

Pos	No.	Name	Club	Cat	Time	Behind
1st	189	Claire Morgan	Wimbledon Windmilers	W60	01:39:02	
2nd	260	Valerie Place	70aks Tri Club	W60	01:50:48	+00:11:46