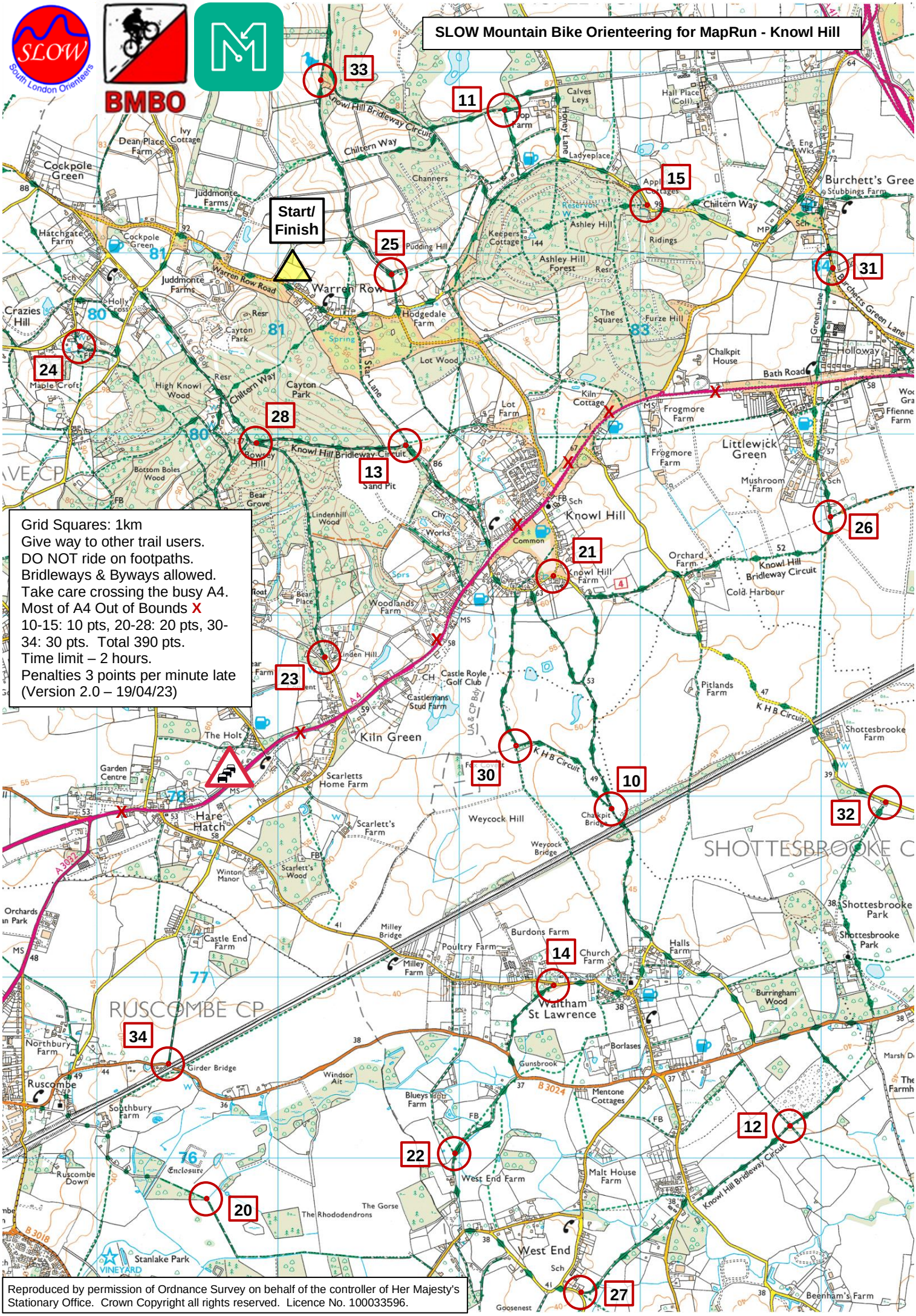
SLOW Mountain Bike Orienteering for MapRun - Knowl Hill



Grid Squares: 1km
Give way to other trail users.
DO NOT ride on footpaths.
Bridleways & Byways allowed.
Take care crossing the busy A4.
Most of A4 Out of Bounds X
10-15: 10 pts, 20-28: 20 pts, 30-34: 30 pts. Total 390 pts.
Time limit – 2 hours.
Penalties 3 points per minute late
(Version 2.0 – 19/04/23)