M10 2km 90m

Pos	Name	Club	Age Class	Time	Behind
1st	Hugo Maule-Lidbury	HAVOC	M10	18:10	

M12 2.3km 100m

Pos	Name	Club	Age Class	Time	Behind
1st	Chun Ho Andre Fu	WAOC	M12	28:42	

M14 3km 125m

Pos	Name	Club	Age Class	Time	Behind
1st	Chun Yan Alistair Fu	WAOC	M14	47:10	

M18 6.6km 290m

Pos	Name	Club	Age Class	Time	Behind
1st	Tommy Rollins	SN	M16	63:10	

M20 6.6km 290m

Pos	Name	Club	Age Class	Time	Behind
1st	Edvin Borne	FRÖLU	M20	112:39	

M21 10.1km 390m

Pos	Name	Club	Age Class	Time	Behind
1st	Michael Crone	SLOW	M21	78:08	

M35 8.2km 340m

Pos	Name	Club	Age Class	Time	Behind
1st	James Breed	IND	M35	92:00	

M40 8.2km 340m

Pos	Name	Club	Age Class	Time	Behind
1st	Tom Davies	SLOW	M40	79:28	

M45 6.6km 290m

Pos	Name	Club	Age Class	Time	Behind
1st	Richard Collyer	GO	M45	63:12	

M50 6.6km 290m

Pos	Name	Club	Age Class	Time	Behind
1st	Zlatko Peev	SLOW	M50	67:01	

M55 5.6km 205m

Pos	Name	Club	Age Class	Time	Behind
1st	Stefan Peykov	SLOW	M55	59:25	

M60 5.6km 205m

Pos	Name	Club	Age Class	Time	Behind
1st	Stephen Keyes	SN	M60	45:03	

M65 4.4km 160m

Pos	Name	Club	Age Class	Time	Behind
1st	Ian Ditchfield	MV	M65	40:35	

M70 4km 145m

Pos	Name	Club	Age Class	Time	Behind
1st	Martin Wilson	BKO	M75	45:46	

M75 3.2km 120m

Pos	Name	Club	Age Class	Time	Behind
1st	Richard Rae	BKO	M75	55:49	

M80 2.3km 95m

Pos	Name	Club	Age Class	Time	Behind
1st	Douglas Deeks	SAX	M80	44:00	

W10 2km 90m

Pos	Name	Club	Age Class	Time	Behind
1st	Amelia Todd	LOK	W10	29:29	

W12 2.3km 100m

Pos	Name	Club	Age Class	Time Be	ehind
1st	Anna Maria Yaneva	SLOW	W12	52:05	

W16 4km 145m

Pos	Name	Club	Age Class	Time	Behind
1st	Madeleine Pitcher	DFOK	W16	71:57	

W18 4.4km 160m

Pos	Name	Club	Age Class	Time	Behind
1st	Hebe Darwin	WAOC	W16	68:38	

W21 6.6km 290m

Pos	Name	Club	Age Class	Time	Behind
1st	Sarah Rollins	SN	W45	62:59	

W35 5.6km 205m

Pos	Name	Club	Age Class	Time	Behind
1st	Charlotte Turner	SLOW	W35	66:53	

W40 5.6km 205m

Pos	Name	Club	Age Class	Time	Behind
1st	Sarah Scarbrough	MV	W40	52:38	

W45 4.4km 160m

Pos	Name	Club	Age Class	Time	Behind
1st	Helen Marsden	HH	W45	47:04	

W50 4.4km 160m

Pos	Name	Club	Age Class	Time Behin	d
1st	Julia Jarvis	SO	W50	50:26	

W55 4km 145m

Pos	Name	Club	Age Class	Time	Behind
1st	Sarah Mansel	SUFFO	W55	59:38	

W60 4km 145m

Pos	Name	Club	Age Class	Time	Behind
1st	Sarah Howes	SAX	W60	47:14	

W65 3.2km 120m

Pos	Name	Club	Age Class	Time	Behind
1st	Linda Hulley	SO	W65	62:37	

W70 3.2km 120m

Pos	Name	Club	Age Class	Time	Behind
1st	Sarah Brown	SLOW	W70	49:11	

W75 2.3km 95m

Pos	Name	Club	Age Class	Time	Behind
1st	Susan Marsden	HH	W75	68:35	

W80 2.3km 95m

Pos	Name	Club	Age Class	Time	Behind
1st	Clare Fletcher	BOK	W80	58:47	